

Herbal Compendium

for

Medicinal Plant Garden of BCRC

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Forewords

Survival of mankind needs a balance in the ecosystem. A part of which is to preserve the different species of plants and animals and maintain a good and sustainable environment. Day by day the use of plants has been increased. The conscious people are trying to do the minimum use of papers and go for digitalization. From this concept the information what we are trying to dispense among medicinal plant lovers, the author has compiled data and information in QR code form of around 74–75 different species of medicinal plants at present available in the Medicinal Plant Garden of Dr. B. C. Roy College of Pharmacy & Allied Health Sciences, Durgapur. QR code of each plant is available on a board that is placed in front of the fencing for easy access of the visitors. Instantly by using QR code application the visitor or any student can access the information on the desired medicinal plant or plants. These QR codes when are displayed through books are taking minimum space rather than the space occupied by the elaborate information served in writing. We are thankfully indebted to the college management for allowing us in doing such a work and highly thankful to Google wherefrom we have collected the information.

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Editor



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Common Name: **Bach**

Scientific Name: *Acorus calamus*

Family: **Acoraceae**

Uses: **Ulcers, Inflammation of the Stomach lining (Gastritis), Flatulence, Upset stomach, Loss of appetite.**



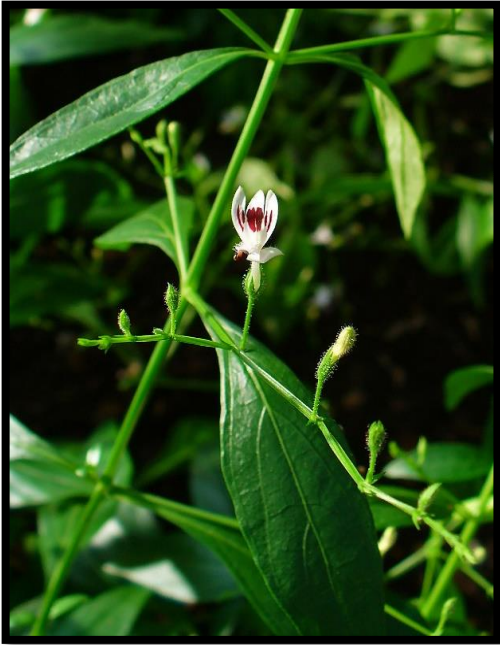
Common Name: **Aloe, Ghritakumari**

Scientific Name: *Aloe barbadensis*

Family: **Asphodelaceae**

Uses: **Purgative, Antioxidant, Antibacterial**





Common Name: **Bhuinimb, Kirata, Kalmegh**

Scientific Name: ***Andrographis paniculata***

Family: **Acanthaceae**

Uses: **Common cold, Tonsillopharyngitis, antityphoid and antifungal activities.**



Common Name: **Laxman Fruit**

Scientific Name: ***Annona muricata***

Family: **Annonaceae**

Uses: **Arthritis, Neuralgia, Rheumatism**





Common Name: **Ata (Sugar apple)**

Scientific Name: ***Annona squamosa***

Family: **Annonaceae**

Uses: **Have anti-diabetic, antioxidant and hepato-protective properties.**



Common Name: **Supari/Betle nut**

Scientific Name: ***Areca catechu***

Family: **Arecaceae**

Uses: **Betel nuts have antihypertensive properties. Used against anaemia, fits, leucoderma, leprosy, obesity and worms etc.**





Common Name: **Jackfruit/ Kathal**

Scientific Name: ***Artocarpus heterophyllus***

Family: **Moraceae**

Uses: **Have anti-oxidant, anti-inflammatory, antimicrobial, anti-cancer and anti-fungal properties.**



Common Name: **Satavari**

Scientific Name: ***Asparagus racemosus***

Family: **Asparagaceae**

Uses: **Have anti-oxidant, anti-inflammatory, antimicrobial, anti-cancer and anti-fungal properties.**





Common Name: **Kamranga (Star Fruit, Carambola)**

Scientific Name: *Averrhoa carambola*

Family: **Oxalidaceae**

Uses: **Have Antiulcer, Antioxidant, Anti-inflammatory properties.**



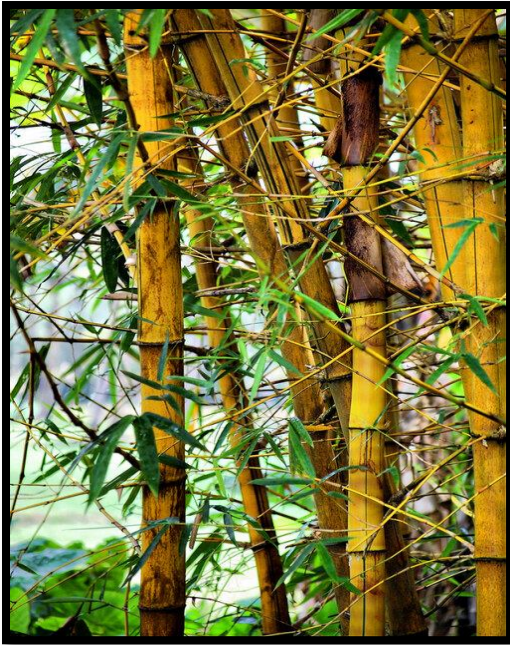
Common Name: **Neem**

Scientific Name: *Azadirachta indica*

Family: **Meliaceae**

Uses: **Neem leaf and its constituents have been demonstrated to exhibit immunomodulatory, anti-inflammatory.**





Common Name: **Common bamboo**

Scientific Name: ***Bambusa vulgaris***

Family: **Poaceae**

Uses: In traditional Chinese medicine, bamboo shoots are used to ease labor and the expulsion of the placenta by inducing uterine contractions, cleaning wounds and healing infections, respiratory disorders.



Common Name: **Anatto, Lipstick Tree**

Scientific Name: ***Bixa orellana***

Family: **Bixaceae**

Uses: It has anti-inflammatory activity for bruises and wounds and has been used for the treatment of bronchitis and for wound healing purposes.





Common Name: **Life Plant, Mother of Thousands, Miracle Leaf**

Scientific Name: *Bryophyllum pinnatum*

Family: **Crassulaceae**

Uses: **Used for diabetes, diuresis, dissolving kidney stones, respiratory tract infections, as well as applied to wounds, boils, and insect bites.**



Common Name: **Palash, flame-of-the-forest, bastard teak**

Scientific Name: *Butea monosperma*

Family: **Fabaceae**

Uses: **Flowers are astringent to bowel, in heal "Kapha", leprosy, strangury, gout, skin diseases, thirst sensation; flower juice is used to treat eye diseases.**





Common Name: **Akanda, crown flower, giant milkweed**

Scientific Name: ***Calotropis gigantea***

Family: **Apocynaceae**

Uses: **Effective in treating skin, digestive, respiratory, circulatory and neurological disorders and was used to treat fevers, elephantiasis, nausea, vomiting, and diarrhea.**



Common Name: **Papaya**

Scientific Name: ***Carica papaya***

Family: **Caricaceae**

Uses: **Effective in treating skin, digestive, respiratory, circulatory and neurological disorders and was used to treat fevers, elephantiasis, nausea, vomiting, and diarrhea.**





Common Name: **Koromcha, Bengal currant, Christ's thorn**

Scientific Name: ***Carissa carandas***

Family: **Apocynaceae**

Uses: **Used to treat acidity, indigestion wounds, skin diseases, urinary disorders and diabetic ulcer, stomach pain, constipation, anaemia, skin conditions, anorexia and insanity.**



Common Name: **Nayantara, Periwinkle, Vinca**

Scientific Name: ***Catharanthus roseus***

Family: **Apocynaceae**

Uses: **Used for relieving muscle pain, depression of the central nervous system, also used for applying to wasp stings and to heal wounds.**





Common Name: **Thankuni pata, Gotu Kola**

Scientific Name: ***Centella asiatica***

Family: **Apocynaceae**

Uses: **Used to heal wounds, improve mental clarity, and treat skin conditions such as leprosy and psoriasis**



Common Name: **Insulin Plant**

Scientific Name: ***Chamaecostus cuspidatus***

Family: **Costaceae**

Uses: **It is helpful to treat Type-2 diabetes.**





Common Name: **Camphor tree**

Scientific Name: *Cinnamomum camphora*

Family: **Lauraceae**

Uses: **Used to treat heart conditions, colds and fevers, respiratory complaints such as pneumonia, inflammatory conditions, infections, diarrhoea, and hysteria**



Common Name: **Devil's backbone, Harjora**

Scientific Name: *Cissus quadrangularis*

Family: **Vitaceae**

Uses: **Used for diabetes, obesity, high cholesterol, bone fractures, allergies, cancer, stomach upset, painful menstrual periods, asthma, malaria, wound healing**



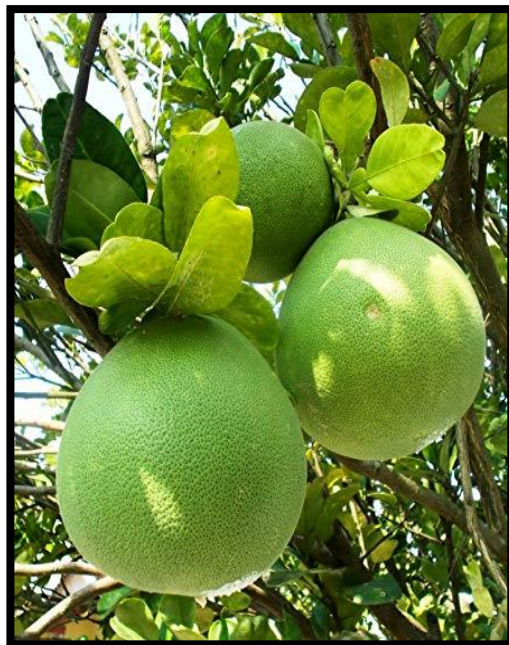


Common Name: **Lemon**

Scientific Name: *Citrus limon*

Family: **Rutaceae**

Uses: **Used to treat scurvy, sore throats, fevers, rheumatism, high blood pressure, and chest pain.**



Common Name: **Pummelo, Batabi lebu**

Scientific Name: *Citrus maxima*

Family: **Rutaceae**

Uses: **Used as sedative in nervous affections, convulsive cough and in the treatment of hemorrhagic diseases and epilepsy.**



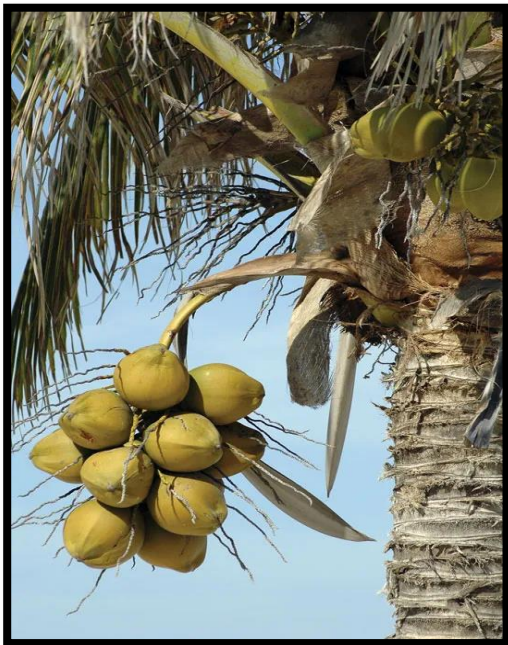


Common Name: **Orange or sweet orange**

Scientific Name: *Citrus sinensis*

Family: **Rutaceae**

Uses: **Used in constipation, cramps, colic, diarrhea, bronchitis, tuberculosis, cough, cold, obesity, menstrual disorder, angina, hypertension, anxiety, depression and stress**



Common Name: **Orange or sweet orange**

Scientific Name: *Cocos nucifera*

Family: **Arecaceae**

Uses: **Bladder stones, diabetes, high cholesterol, and weight loss.**





Common Name: **Turmeric, Holud**

Scientific Name: ***Curcuma longa***

Family: **Zingiberaceae**

Uses: **Used in coughs, diabetes, dermatological conditions, respiratory problems, arthritis, irritable bowel disease (IBS), peptic ulcers, psoriasis, and atherosclerosis.**



Common Name: **Dhattura, jimsonweed**

Scientific Name: ***Datura stramonium***

Family: **Solanaceae**

Uses: **Anti-inflammatory, stimulation of the central nervous system, respiratory decongestion, treatment of dental and skin infections, alopecia and in the treatment of toothache.**





Common Name: **Chalta**

Scientific Name: *Dillenia indica*

Family: **Dilleniaceae**

Uses: **Treats Hypertension Symptoms, Rejuvenates Ageing Skin, Boosts Vitality and Vigour, Remedies Kidney Disorders.**



Common Name: **False daisy, Kesuriya, Bhiringraj**

Scientific Name: *Eclipta prostrata*

Family: **Asteraceae**

Uses: **Used in infectious hepatitis, snake venom poisoning, gastritis, and respiratory diseases such as a cough and asthma.**





Common Name: **Cardamom, Elach**

Scientific Name: *Elettaria cardamomum*

Family: **Zingiberaceae**

Uses: **Used to cure indigestion, nausea, vomiting and used to expel out phlegm out of body.**



Common Name: **Raktapiyaj**

Scientific Name: *Eleutherine bulbosa*

Family: **Iridaceae**

Uses: **Diabetes, breast cancer, nasal congestion, and fertility problems.**





Common Name: **Gurmar, Australian cowplant**

Scientific Name: ***Gymnema sylvestre***

Family: **Apocynaceae**

Uses: **Fight sugar cravings and lower high blood sugar levels.**



Common Name: **Anantamul, Indian sarsaparilla**

Scientific Name: ***Hemidesmus indicus***

Family: **Apocynaceae**

Uses: **Used as demulcent, alterative, astringent, diaphoretic, diuretic, tonic, anti-pyretic, and blood purifier, leprosy, skin diseases, fever, asthma, bronchitis, syphilis.**





Common Name: **Red Ivy, Murhikuti**

Scientific Name: *Hemigraphis alternata*

Family: **Acanthaceae**

Uses: **Used to stop bleeding wounds, haemorrhage after parturition, venereal discharges, dysentery and haemorrhoids.**



Common Name: **Joba, China-rose**

Scientific Name: *Hibiscus rosa-sinensis*

Family: **Malvaceae**

Uses: **Used for treating wounds, inflammation, fever and coughs, diabetes, infections caused by bacteria and fungi, hair loss, and gastric ulcers in several tropical countries.**



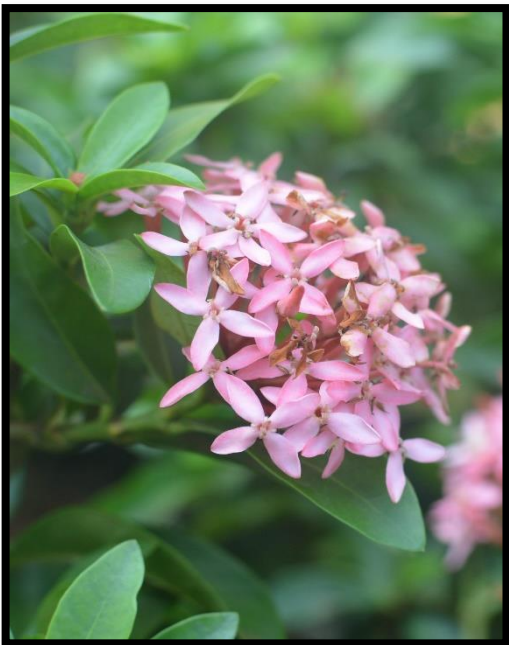


Common Name: **Kurchi**

Scientific Name: *Holarrhena pubescens*

Family: **Apocynaceae**

Uses: **Used for treating anemia, jaundice, dysentery, stomach pains, diarrhea, epilepsy and cholera.**



Common Name: **Rongon**

Scientific Name: *Ixora coccinea*

Family: **Rubiaceae**

Uses: **Used to care for dysentery, ulcers and gonorrhea.**





Common Name: **Arabian jasmine, Belful**

Scientific Name: ***Jasminum sambac***

Family: **Oleaceae**

Uses: **Traditionally Jasminum sambac has been used to treat dysmenorrhoea, amenorrhoea, ringworm, leprosy, skin diseases and also as an analgesic, antidepressant, anti-inflammatory, antiseptic, aphrodisiac, sedative, expectorant.**



Common Name: **Malabar nut, Basak**

Scientific Name: ***Justicia adhatoda***

Family: **Acanthaceae**

Uses: **The leaves, roots, flowers, and bark of this plant have been used in the treatments of cough, colds, asthma, to liquefy sputum, as a bronchodilator, bronchial catarrh, bronchitis, and tuberculosis. A number of parts of the plant are commonly used in the forms of decoctions or powders..**





Common Name: **Tejpata, Bay Leaf**

Scientific Name: ***Laurus nobilis***

Family: **Lauraceae**

Uses: **Both leaves and berries are traditionally considered as astringent, stomachic, stimulant and narcotic.. It is also considered a powerful emmenagogue. The seed oil is used to treat rheumatic pains.**



Common Name: **Henna, Mehendi**

Scientific Name: ***Lawsonia inermis***

Family: **Lythraceae**

Uses: **having antibacterial, antifungal, antiparasitic, antiviral, anticancer, antidiabetic, tuberculostatic, anti-inflammatory, antifertility and wound healing properties.**





Common Name: **Apple**

Scientific Name: *Malus domestica*

Family: **Rosaceae**

Uses: **Apple and peel have the potential to improve human health, for example contributing to preventing cardiovascular disease, diabetes, inflammation, and cancer.**



Common Name: **Mango**

Scientific Name: *Mangifera indica*

Family: **Anacardiaceae**

Uses: **Various parts of plant are used as a dentrifice, antiseptic, astringent, diaphoretic, stomachic, vermifuge, tonic, laxative and diuretic and to treat diarrhea, dysentery, anaemia**





Common Name: **Sapodilla**

Scientific Name: ***Manilkara zapota***

Family: **Sapotaceae**

Uses: **Treat coughs and colds and possess diuretic, antidiarrheal, antibiotic, antihyperglycemic, and hypocholesterolemic effects.**



Common Name: **Touch-me-not, Lajjabati**

Scientific Name: ***Mimosa pudica***

Family: **Fabaceae**

Uses: **It majorly possesses antibacterial, antivenom, antifertility, anticonvulsant, antidepressant, aphrodisiac, and various other pharmacological activities.**





Common Name: **Curry tree**

Scientific Name: *Murraya koenigii*

Family: **Rutaceae**

Uses: **used in treating piles, inflammation, itching, fresh cuts, dysentery, bruises, and edema. The roots are purgative to some extent. They are stimulating and used for common body aches.**



Common Name: **Tropical Dogwood**

Scientific Name: *Mussaenda philippica*

Family: **Rubiaceae**

Uses: **Plant is used for dysentery and snake bites. Decoction of roots and leaves used for affections of the chest and lung. Root and the while, full-grown sepals are used in jaundice. Bark used for stomach ache.**





Common Name: **Kadam**

Scientific Name: ***Neolamarckia cadamba***

Family: **Rubiaceae**

Uses: **Used in the treatment of wounds, conjunctivitis, mouth ulcers, diarrhea, irritable bowel syndrome and diseases related to the urinary tract.**



Common Name: **Tree of Sadness, Shiuli**

Scientific Name: ***Nyctanthes arbor-tristis***

Family: **Oleaceae**

Uses: **The popular medicinal use of this plant are anti-helminthic and anti-pyretic besides its use as a laxative, in rheumatism, skin ailments and as a sedative.**





Common Name: **Ram tulsi**

Scientific Name: ***Ocimum gratissimum***

Family: **Lamiaceae**

Uses: **In traditional medicine, the leaves have been used as a general tonic and anti-diarrhea agent and for the treatment of conjunctivitis by instilling directly into the eyes.**



Common Name: **Holy basil**

Scientific Name: ***Ocimum sanctum***

Family: **Lamiaceae**

Uses: **Used in aiding cough, asthma, diarrhea, fever, dysentery, arthritis, eye diseases, indigestion, gastric ailments, etc.**





Common Name: **Chandan Tulsi**

Scientific Name: *Ocimum tenuiflorum*.

Family: **Lamiaceae**

Uses: **This plant is well known for its medicinal and spiritual properties in Ayurveda which includes aiding cough, asthma, diarrhea, fever, dysentery, arthritis, eye diseases, indigestion, gastric ailments, etc.**



Common Name: **Amrui**

Scientific Name: *Oxalis corniculata*

Family: **Oxalidaceae**

Uses: **Oxalis is best herb rich in vitamin-C and it is best used in the treatment of scurvy. This herb is very beneficial for treating influenza. External paste of leaves is used as antidote for the poisoning caused by snake bites, datura, mercury and arsenic.**





Common Name: Amla, Indian gooseberry

Scientific Name: *Phyllanthus emblica*

Family: Phyllanthaceae

Uses: **All parts of the plant are used for medicinal purposes, especially the fruit, treatment of diarrhea, jaundice, and inflammation.**



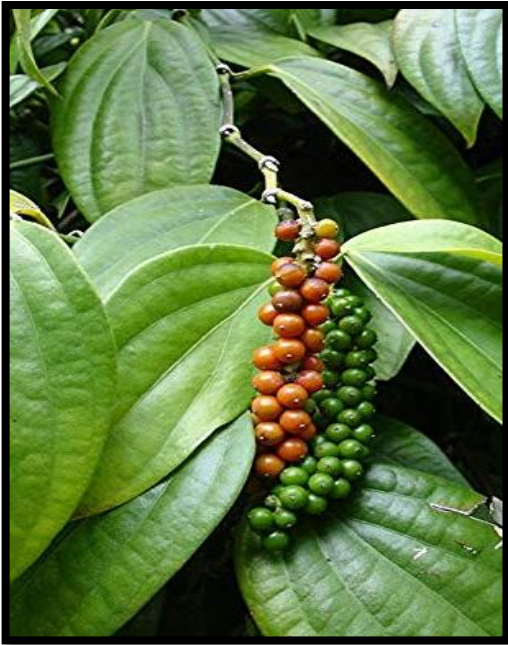
Common Name: Betel, Paan

Scientific Name: *Piper betle*

Family: Piperaceae

Uses: **Helps in lowering high blood glucose levels and aids in the management of diabetes mellitus. High cholesterol level is a risk factor for heart disease and stroke.**





Common Name: **Black pepper**

Scientific Name: *Piper nigrum*

Family: **Piperaceae**

Uses: **used traditionally for the treatment of various diseases including; cough, cold, dyspnea throat diseases, intermittent fever, dysentery, stomachache, worms and piles.**



Common Name: **Kathgolop**

Scientific Name: *Plumeria alba*

Family: **Apocynaceae**

Uses: **Plumeria species are widely used as a purgative, remedy for diarrhea, cure of itch, bronchitis, cough, asthma, fever bleeding piles, dysentery, blood disorders and tumors etc.**





Common Name: **Guava, Peyara**

Scientific Name: *Psidium guajava*

Family: **Myrtaceae**

Uses: It is found to be effective in diarrhea, dysentery, gastroenteritis, hypertension, diabetes, caries, pain relief, cough, oral ulcers and to improve locomotors coordination and liver damage inflammation.



Common Name: **Red Sandal wood, Red Sanders**

Scientific Name: *Pterocarpus santalinus*

Family: **Fabaceae**

Uses: It has been used in inducing vomiting and treating eye diseases, mental aberrations, and ulcers., aphrodisiac, and diaphoretic activities. It has also been used as a cooling agent.





Common Name: **Pomegranate, Bedana**

Scientific Name: ***Punica granatum***

Family: **Lythraceae**

Uses: The fruit and bark of pomegranate are used against intestinal parasites, dysentery, and diarrhea. The juice and seeds are considered a tonic for throat and heart. It is used to stop nose and gum bleeds and treating hemorrhoids.



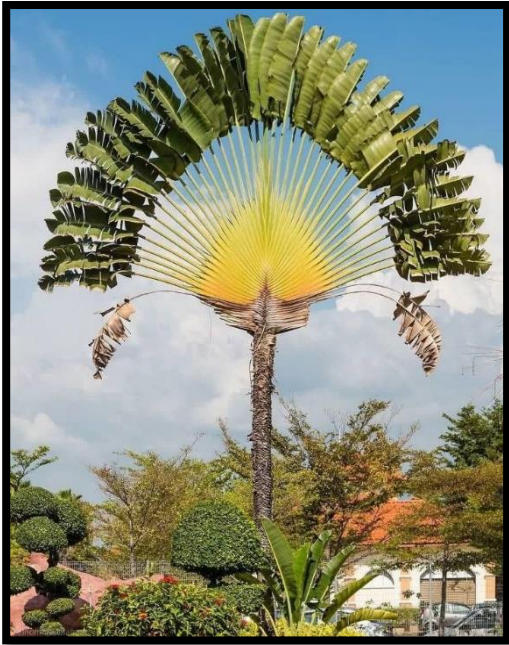
Common Name: **Be Still Tree, Devil Pepper, Wild Snake Root,**

Scientific Name: ***Rauvolfia tetraphylla***

Family: **Apocynaceae**

Uses: The plant is used as a remedy for snake and other poisonous bite, blood pressure, diabetes, piles, malaria, wound, helminthiasis, hypertension, vomiting, insomnia, skin diseases, mental disorders, cough, fever and others.





Common Name: **Traveller's palm, Panthopadop**

Scientific Name: ***Ravenala madagascariensis***

Family: **Strelitziaceae**

Uses: Ravenala is used primarily for construction, but other uses have also been noticed including food, medicine and tools.



Common Name: **Castor oil plant, Verenda**

Scientific Name: ***Ricinus communis***

Family: **Euphorbiaceae**

Uses: Used in traditional medicine such as abdominal disorders, arthritis, backache, muscle aches, bilharziasis, chronic backache and sciatica, chronic headache, constipation.





Common Name: **Sorrowless Tree, Asoka Tree**

Scientific Name: ***Saraca indica Saraca asoca***

Family: **Fabaceae**

Uses: *Saraca asoca* has been traditionally used in Indian system for treatment of uterine, genital, and other reproductive disorders in women, fever, pain, and inflammation.



Common Name: **Hog plum, Aamra**

Scientific Name: ***Spondias mombin***

Family: **Anacardiaceae**

Uses: In traditional medicine, *Spondias mombin* has had a variety of uses. The fruit has been used as a diuretic and febrifuge, emetic and for diarrhea, dysentery, hemorrhoids, gonorrhoea, and leukorrhea.





Common Name: **Candy Leaf, Sugar Leaf,**

Scientific Name: ***Stevia rebaudiana***

Family: **Asteraceae**

Uses: Various medicinal properties of stevia leaves discussed in paper like anti-hyperglycemia, anti-oxidative, hypotensive, nephro-protective, hepato protective, antibacterial and antifungal.



Common Name: **Clove, Labango**

Scientific Name: ***Syzygium aromaticum***

Family: **Myrtaceae**

Uses: Traditionally, cloves have been used for centuries in the treatment of vomiting; flatulence; nausea; liver, bowel and stomach disorders; and as a stimulant for the nerves.





Common Name: **Java plum, Jaam**

Scientific Name: *Syzygium cumini*

Family: **Myrtaceae**

Uses: The bark is acrid, sweet, digestive, astringent to the bowels, anthelmintic and used for the treatment of sore throat, bronchitis, asthma, thirst, biliousness, dysentery and ulcers. It is also a good blood purifier.



Common Name: **Java apple, Jamrul**

Scientific Name: *Syzygium samarangense*

Family: **Myrtaceae**

Uses: The fruit can be used to treat high blood pressure and several inflammatory conditions, including sore throat and can also be used as an anti-microbial, anti-scorbutic, carminative, diuretic and astringent.





Common Name: **Pinwheel Flower, Tagar**

Scientific Name: *Tabernaemontana divaricata*

Family: **Apocynaceae**

Uses: **Used as an anti-epileptic, anti-mania, brain tonic, and anti-oxidant.**



Common Name: **Bohera**

Scientific Name: *Terminalia bellirica*

Family: **Combretaceae**

Uses: **used to protect the liver and to treat respiratory conditions, including respiratory tract infections, cough, and sore throat.**





Common Name: **Bisalya karani**

Scientific Name: ***Tridax procumbens***

Family: **Asteraceae**

Uses: **Used as wound healing and as an anticoagulant, antifungal, and insect repellent. The juice extracted from the leaves is directly applied on wounds. Its leaf extracts were used for infectious skin diseases in folk medicines.**



Common Name: **Grapes, Angur**

Scientific Name: ***Vitis vinifera***

Family: **Vitaceae**

Uses: **Ripe grapes were used for the treatment of cancer, cholera, smallpox, nausea, skin and eye infections as well as kidney and liver diseases.**





Common Name: **Indian jujube, Kul**

Scientific Name: ***Ziziphus mauritiana***

Family: **Rhamnaceae**

Uses: **Used for improving muscular strength and weight, for preventing liver diseases and stress ulcers, and as a sedative.**

