

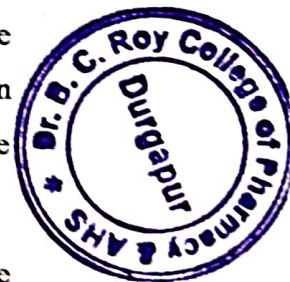


A REPORT ON WORLD MUSIC DAY CELEBRATED ON 21st JUNE, 2024.

**DR. B. C. ROY COLLEGE OF PHARMACY & AHS
DURGAPUR**
Organizes
World Music Day
Slogan
"Faites de la musique"
21st June '24
5:00 pm Onwards
Venue:
APC ROY SEMINAR HALL

World Music Day celebrates the diversity of musical expression. It's a day to break down cultural barriers and discover the beauty of music from traditions different from our own. As we lose ourselves in the rhythm, we're reminded of the common thread that binds humanity – our love for music. The day simply celebrates music in all its forms, from classical and traditional to contemporary and experimental genres. It encourages people to appreciate the rich tapestry of musical styles around the world. It also promotes inclusivity. With the slogan "Faites de la musique" (Make Music), it invites everyone, regardless of skill level, to participate and share their love of music thereby bringing people together.

Music has long been used as a source of comfort and solace in times of distress. It can provide a sense of connection, support, and understanding during difficult moments. The history of music in healthcare has shown that music can reduce stress, anxiety, depression, and even chronic physical pain. Listening to calming music can help people relax and focus on the present moment. Research has shown that listening to music can increase the release of dopamine, a neurotransmitter associated with pleasure and reward. This release can lead to feelings of happiness and enjoyment, which are often accompanied by the release of



Prof. (Dr.) Smit Kumar Samanta
M. Pharm., Ph.D (J.U.)
Principal
Dr. B. C. Roy College of Pharmacy & AHS
Durgapur, West Bengal-713206



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Dr. Meghnad Saha Sarani, Bidhannagar, Durgapur-713206, West Bengal (India)

endorphins. Research in the science of musical therapies has also suggested that certain types of music may improve cognitive function by stimulating areas in the brain related to memory recall and learning new skills faster than usual. Studies have shown that music can enhance connectivity between the auditory and emotional regions of the brain, which can facilitate memory encoding and recall.

The faculty and staff of Dr. B.C. Roy College of Pharmacy and Allied Health Sciences took a break from their hectic schedule to celebrate World Music Day at APC Roy Seminar Hall where they came up with various musical performances to celebrate the day.




Name of the Event: World Music Day.

Date: 21st June, 2024.

Venue: APC Roy Seminar Hall.

No. of Participants: 27.


Prof. (Dr.) Samir Kumar Samanta
M. Pharm., Ph.D (J.U.)
Principal
Dr. B. C. Roy College of Pharmacy & AHS
Durgapur, West Bengal-713206

