



Dr. B.C. Roy College of Pharmacy and Allied Health Sciences Durgapur

Name of the Programme: Capacity building and skills enhancement initiatives taken by the institution

Name of the Course: Life Skills for Pharmacists

Date of Exam: 20 June 2024

Exam Duration: 1 hour

Total marks: 30

Instructions to Students:

- I. Special credit would be given to the answers which are brief and to the point.
- II. Answer all the questions in your own language as far as practicable.
- III. Numbers at the right side of the questions denote full marks.
- IV. Writing anything in the question paper might be felt to be grounds for cancellation of the examination. Use answer scripts for rough work.

Q. No. A. Very Short Answer Typed Questions. (Answer *all* the questions) 2x5=10

1. What is intrapersonal skill?
2. Define self-efficacy.
3. Give examples of two Entrepreneurship Skills.
4. What is organizational stress?
5. How to avoid procrastination?

Q. No. B Short Answer Typed Questions. (Answer any *two* questions)

5x2=10

- (a) Write a short note on financial literacy.
- (b) Describe any three leadership models with real examples.
- (c) What are the differences between eustress and distress?

Q. No. C. Long Answer Typed Questions. (Answer any *one* question) 10x1=10

- (a). What is professional obsolescence? Mention three ways to avoid it.
- (b) How do you deal with negative emotions-anger, conflict and depression?



(Signature)
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