



Ph. e-mail

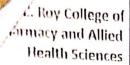
: (0343) 243 2678/79

: bcrcp\_dgp@yahoo.co.in

: www.bcrcp.ac.in

Approved by PCI & Affiliated to MAKAUT, WB and WBSCT&VE&SD Dr. Meghnad Saha Sarani, Bidhannagar, Durgapur-713206, West Bengal (India)

	A Section of	Course Title		TPJC
Certificate	I	ife Skills for Pharma	cists 2	0 0 0 2
Course (offline)	A The Man And the	ing ammericanism	Strain Self by the Total	" " " "
Pre-requisite	NIL			
Course	Mr. Aniruddha La	hiri		
Coordinator				
Proposed	B. Pharma (I, II, II	II. IV)		14,5,720
Candidates	(-,,	77 7 77 77 78 78 78 78 78 78 78 78 78 78	7.7	
Course Objecti	ves:			
		leadership skills in cri	isis situations	741 1× 25
2. To understand	l various intrapersonal	skills	SIG SICUATIONS	
3. To be able to	manage time properly	for professional growt	h and overcoming depression	าท
	g in property	and and the state of the state	ir una overcommig acpressio	J11
Expected Cour	se Outcomes (CO):			e Fire
1. Develop self-	esteem, confidence and	d assertiveness through	intranersonal skills	- <u>/</u>
2. Think innova	ively to develop busin	ess plans and networki	no	4
3. Identify and c	ope with stress in both	personal and profession	ng mal life	
4.Evaluate and e	nhance personal and p	rofessional efficacy	Alai IIIO	
5. Develop team	building and leadersh	in skills	The second	
c.c.op touin	ounding and readersh	ip skiiis		
F 65	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	7	man and the second seco	
Module:1 Int	rapersonal skills:	C01		6 hour
			 vith negative emotions—an	O Hour
conflict, depress	ion	saying no, dealing v	and negative emotions—an	iger,
commet, depress	ion.			
Module:2 En	***************************************			
	renreneurshin Skills	· CO2 CO5		( h
Basic concents	repreneurship Skills	CO2, CO5	skills Dayaloning hugin	6 hours
Basic concepts	of entrepreneurship,	Developing business	skills, Developing busine	6 hours
Basic concepts	of entrepreneurship,	Developing business Leadership & Networki	skills, Developing busine	6 hours ess plans
Basic concepts Market analysis,	of entrepreneurship, Sales & negotiation, I	Developing business Leadership & Networki	skills, Developing busine	ess plans
Basic concepts Market analysis, Module:3   Str	of entrepreneurship, Sales & negotiation, I ess Management:	Developing business Leadership & Networki	skills, Developing businging.	ess plans
Basic concepts Market analysis,  Module:3   Str dentifying & Ui	of entrepreneurship, Sales & negotiation, I ess Management: inderstanding Stress, St	Developing business Leadership & Networki  CO3 tress and its effects, or	skills, Developing businging.  ganizational factors, Manag	ess plans  4 hours ging stress
Basic concepts Market analysis,  Module:3 Str Identifying & U	of entrepreneurship, Sales & negotiation, I ess Management: inderstanding Stress, St	Developing business Leadership & Networki  CO3 tress and its effects, or	skills, Developing businging.	4 hours
Basic concepts Market analysis,  Module:3   Str dentifying & Un n the workplace	of entrepreneurship, Sales & negotiation, I ess Management: nderstanding Stress, St., Personal coping strate	Developing business Leadership & Networki  CO3 tress and its effects, or egies, Environmental &	skills, Developing businging.  ganizational factors, Manage Physical Relaxation Tech	4 hours ging stress niques.
Basic concepts Market analysis,  Module:3   Str Identifying & Un In the workplace  Module:4   Self	of entrepreneurship, Sales & negotiation, I ess Management: nderstanding Stress, St., Personal coping strate.  E-Efficacy, Team Bui	Developing business Leadership & Networki  CO3 tress and its effects, or egies, Environmental &	skills, Developing businging.  ganizational factors, Manage Physical Relaxation Tech	ess plans  4 hours ging stress
Basic concepts Market analysis,  Module:3 Str Identifying & Un In the workplace  Module:4 Self Ski	of entrepreneurship, Sales & negotiation, I ess Management: nderstanding Stress, St., Personal coping strate. Efficacy, Team Buills:	Developing business Leadership & Networki  CO3 tress and its effects, or egies, Environmental & Iding and Leadership CO4, CO5	skills, Developing businging.  ganizational factors, Manage Physical Relaxation Tech	4 hours ging stress niques.
Basic concepts Market analysis,  Module:3 Str dentifying & Un n the workplace  Module:4 Self Ski Theoretical Fran	of entrepreneurship, Sales & negotiation, I  ess Management: nderstanding Stress, St. Personal coping strate  -Efficacy, Team Buils: nework of SE, Forms	CO3 tress and its effects, or egies, Environmental & Iding and Leadership CO4, CO5 of SE, Measurement	skills, Developing businging.  ganizational factors, Manage Physical Relaxation Tech	4 hours ging stress niques.
Basic concepts Market analysis,  Module:3 Str dentifying & Un the workplace  Module:4 Self Ski  Theoretical Fran	of entrepreneurship, Sales & negotiation, I  ess Management: nderstanding Stress, St. Personal coping strate  -Efficacy, Team Buils: nework of SE, Forms	Developing business Leadership & Networki  CO3 tress and its effects, or egies, Environmental & Iding and Leadership CO4, CO5	skills, Developing businging.  ganizational factors, Manage Physical Relaxation Tech	4 hours ging stress niques.
Basic concepts Market analysis,  Module:3 Str dentifying & Un n the workplace  Module:4 Self Ski Theoretical Fran Motivation, Prince	of entrepreneurship, Sales & negotiation, I  ess Management: nderstanding Stress, St. Personal coping strate  -Efficacy, Team Buils: nework of SE, Forms ciples of Leadership, T	CO3 tress and its effects, or egies, Environmental & CO4, CO5 of SE, Measurement Ceam Leadership Mode	skills, Developing busing ing.  ganizational factors, Manage Physical Relaxation Technology of SE, Professional Obsell, Negotiation Skills	4 hours ging stress niques. 6 hours
Basic concepts Market analysis,  Module:3 Str dentifying & Un n the workplace  Module:4 Self Ski Theoretical France Motivation, Prince  Module:5 Tin	ess Management: nderstanding Stress, St. Personal coping strate E-Efficacy, Team Buils: nework of SE, Forms ciples of Leadership, T	CO3, CO4	skills, Developing busing ing.  ganizational factors, Manage Physical Relaxation Tech  of SE, Professional Obsel, Negotiation Skills	4 hours ging stress niques. 6 hours
Basic concepts Market analysis,  Module:3   Str dentifying & Un n the workplace  Module:4   Seli Ski Theoretical Frant Motivation, Prince  Module:5   Tin Prioritization, g	of entrepreneurship, Sales & negotiation, I  ess Management: nderstanding Stress, St. Personal coping strate  E-Efficacy, Team Builds: nework of SE, Forms ciples of Leadership, T  ne Management: pal setting, planning an	CO3 tress and its effects, or egies, Environmental & CO4, CO5 of SE, Measurement Ceam Leadership Mode  CO3, CO4 nd scheduling, avoiding	skills, Developing busing ing.  ganizational factors, Manage Physical Relaxation Tech tof SE, Professional Obsell, Negotiation Skills	4 hours ging stress niques. 6 hours
Basic concepts Market analysis,  Module:3   Str dentifying & Un n the workplace  Module:4   Seli Ski Theoretical Fran Motivation, Prince  Module:5   Tin Prioritization, g	of entrepreneurship, Sales & negotiation, I  ess Management: nderstanding Stress, St. Personal coping strate  E-Efficacy, Team Builds: nework of SE, Forms ciples of Leadership, T  ne Management: pal setting, planning an	CO3 tress and its effects, or egies, Environmental & CO4, CO5 of SE, Measurement Ceam Leadership Mode  CO3, CO4 nd scheduling, avoiding	ganizational factors, Manage Physical Relaxation Technology of SE, Professional Obsell, Negotiation Skills	4 hours ging stres niques. 6 hours olescence
Basic concepts Market analysis,  Module:3   Str dentifying & Un n the workplace  Module:4   Seli Ski Theoretical Fran Motivation, Prince  Module:5   Tin Prioritization, g	of entrepreneurship, Sales & negotiation, I  ess Management: nderstanding Stress, St. Personal coping strate  E-Efficacy, Team Builds: nework of SE, Forms ciples of Leadership, T  ne Management: pal setting, planning an	CO3 tress and its effects, or egies, Environmental & CO4, CO5 of SE, Measurement Ceam Leadership Mode  CO3, CO4 nd scheduling, avoiding	skills, Developing busing ing.  ganizational factors, Manage Physical Relaxation Technology of SE, Professional Obsell, Negotiation Skills  g procrastination	4 hours ging stress niques. 6 hours olescence, 4hours
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Basic concepts Market analysis,  Module:3   Str dentifying & Un n the workplace  Module:4   Seli Ski Theoretical Fran Motivation, Prince  Module:5   Tin Prioritization, g	ess Management: nderstanding Stress, St. Personal coping strate  Efficacy, Team Builts: nework of SE, Forms ciples of Leadership, T  ne Management: pal setting, planning and ancial Literacy: CO4 g and investing, under	CO3 tress and its effects, or egies, Environmental & CO4, CO5 of SE, Measurement CO3, CO4 deam Leadership Mode  CO4, CO5 deam Leadership Mode  CO5, CO4 deam Leadership Mode  CO5, CO5 deam Leadership Mode	ganizational factors, Manage Physical Relaxation Tech tof SE, Professional Obselt, Negotiation Skills g procrastination  ans prof. (Dr.) Samuramar Samanta	4 hours ging stress niques. 6 hours olescence, 4hours
Basic concepts Market analysis, Module:3 Str dentifying & Un n the workplace Module:4 Self Ski Theoretical Frant Motivation, Prince Module:5 Tin Prioritization, g	ess Management: nderstanding Stress, St. Personal coping strate  Efficacy, Team Buills: nework of SE, Forms ciples of Leadership, T  ne Management: coal setting, planning and ancial Literacy: CO4 g and investing, under	CO3 tress and its effects, or egies, Environmental & CO4, CO5 of SE, Measurement CO3, CO4 deam Leadership Mode  CO4, CO5 deam Leadership Mode  CO5, CO4 deam Leadership Mode  CO5, CO5 deam Leadership Mode	skills, Developing busing ing.  ganizational factors, Manage Physical Relaxation Tech  t of SE, Professional Obsell, Negotiation Skills  g procrastination  ans Prof. (Dr.) Samt Kumar Samanta	4 hours ging stress niques. 6 hours olescence 4hours
Basic concepts Market analysis,  Module:3   Str dentifying & Un n the workplace  Module:4   Seli Ski Theoretical Frant Motivation, Prince  Module:5   Tin Prioritization, g	ess Management: nderstanding Stress, St. Personal coping strate  Efficacy, Team Buills: nework of SE, Forms ciples of Leadership, T  ne Management: coal setting, planning and ancial Literacy: CO4 g and investing, under	CO3  Iress and its effects, or egies, Environmental & CO4, CO5  To of SE, Measurement Co3, CO4  CO3, CO4  CO3, CO4  CO3, CO4  CO3, CO4  CO4  CO5  CO5  CO5  CO5  CO5  CO5	ganizational factors, Manage Physical Relaxation Tech tof SE, Professional Obselt, Negotiation Skills g procrastination  ans prof. (Dr.) Samuramar Samanta	4 hours ging stress niques. 6 hours olescence, 4hours





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	Total Lecture hours:	30 hours		
Te	xt Book(s)			
1.	Newman, Amy. (2016). Business Communication: In Person Cengage Learning: Boston, MA.	n, In Print, Online. Tenth Edition.		
Re	ference Books			
1	Storoni, Mithu. (2017). Stress-Proof. Tarcher Perigee: New	York.		
2	Cecile Nieuwenhuizen (2009). Entrepreneurial Skills. Juta and Company Ltd: South Africa.			
3	Kaul, Asha & Vidhi Chaudhri. (2017). Corporate Communicat Strategies for Managing Reputation. Sage Texts: LA.	ion through Social Media:		
	Kennedy, Kerry J. (2022). Soft Skills and Hard Values. Routledge: New Delhi.			
4	Kennedy, Kerry J. (2022). Soft Skills and Hard Values. Routle	dge: New Delhi.		
5	Kennedy, Kerry J. (2022). Soft Skills and Hard Values. Routled Weixel, Suzanne. (2010). Life Skills for the 21st Century. Per Meurisse, Thibaut. (2020). Master Your Emotions. Wisdom	arson: London		
6.	Weixel, Suzanne. (2010). Life Skills for the 21st Century Per	arson: London. Tree: New Delhi.		

Approved by

Prof. (Dr.) Samir Kumar Samanta

Principal

**BCRCP** Durgapur

Prof. (Dr.) Samir Kumar Samanta M. Pharm., Ph.D (J.U.) Principal Dr.B. C. Poy College of Pharmacy & AHS Durgapur, West Bengal-713206

Ontasbritish de

Prof. (Dr.) Samir Kumar Samanta
M. Pharm., Ph.D (J.U.)
Principal
Dr.B. C. Roy College of Pharmacy & AHS
Durgapur, West Bengal-713206