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Dental delivery systems of antimicrobial drugs using chitosan, alginate, dextran, cellulose and other polysaccharides: A review

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polysaccharide-based dental drug delivery systems for the delivery of different antimicrobial drugs.

1. Introduction

The commonly occurring dental conditions in human are periodontal disorders including gingivitis and periodontitis, which are caused by caries [[1](#page-14-0)]. Dental caries is a widespread issue that affects people of all ages, and natural polysaccharides may be able to help in repairing cavities caused by microbial colonization and demineralization [[2](#page-14-0)]. Periodontitis is a typical diseased dental condition by bacterial pathogens and immune system reactions, which results in toxin releasing [[1](#page-14-0)]. Immune cells become engaged during the chronic stage, producing the various cytokines and reactive oxygen species (ROSs), which cause the breakdown of bone and periodontal fibers. Similarly, the application of nanotechnology may be able to overcome the difficulties associated with the treatment of oral candidiasis, a *Candida albicans* infection, which currently relies on expensive, unpleasant, and potentially hazardous medications [\[3\]](#page-15-0). For the localized treatment of dental disorders affecting the oral cavity including mouth, numerous pharmaceutical dosage forms have been designed and investigated [[4](#page-15-0)]. The shorter retention duration in the oral cavity caused by several issues (like salivation, intermittent swallowing, consumption of foods, abrasion by the movement of soft tissue, *etc.*), is a drawback of these conventional systems. The available conventional therapy includes the procedures of mechanical plaque control, which take more time, demand highly skilled technicians, and cause patients to experience varied degrees of discomfort [[5](#page-15-0)]. However, the systemic antibiotic-therapy can be crucial in the control of periodontal pathogens present in other areas of the mouth from where they may translocate to the periodontal site as well as in the eradication of pathogenic bacteria that infiltrate gingival tissue. Numerous systemic dosages of antibiotics have revealed a number of negative effects, such as insufficient concentrations of antibiotics at the location of the periodontal pocket [[6](#page-15-0)]. Due to the drug's thousand-fold dilution, an adequate concentration of antibiotics at the action site is not attained, which results in a lower benefit-to-risk ratio, a quick drop in plasma of antibiotics concentrations to sub-therapeutic levels, the microbial resistance development, and peak plasma concentration of antibiotics [[7](#page-15-0)].

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Fig. 1. Drug delivery for the management of dental disorders.

Due to the problems with systemic administration, a huge concentration has been focused to how the antimicrobial drugs can be given locally to treat dental diseases (Fig. 1). Several researchers have attempted to treat tooth infections by administering antibiotics locally to the affected area [[8](#page-15-0),[9](#page-15-0)]. Conventional formulations for the uses in oral cavity, including toothpaste and mouthwash, have a relatively low penetration rate into the affected area and a very limited duration of action. Recently, nanotechnology has been used in dentistry to facilitate restorations and regenerate new tissues within diseased or damaged teeth that closely resemble natural teeth $[2,3,10,11]$ $[2,3,10,11]$ $[2,3,10,11]$ $[2,3,10,11]$ $[2,3,10,11]$ $[2,3,10,11]$. It has been demonstrated that adding nanoparticles can increase the mechanical toughness of dental implants. Additionally, nanoparticles with antimicrobial activity are frequently employed to prevent dental cavities [\[12](#page-15-0)]. Recent years, many antimicrobial biomaterials are being researched and developed for the uses in many healthcare applications [\[13](#page-15-0)].

At present the whole world is turning towards the uses of different naturally-derived materials including biopolymers in almost all possible applications [\[14](#page-15-0)–17]. Natural polysaccharides are responsible for a variety of important functions in microbes, plants, and animals [[18\]](#page-15-0). They are composed of lengthy monomers of the same kind or mixtures of different monomer chains [\[19](#page-15-0)]. Because of their advantageous character, such as biocompatibility, large-scale accessibility, relative affordability, and biodegradability, different natural polysaccharides are acknowledged as safe biomaterial category for many biomedical applications including for targeting distribution. Due to their multiple biological roles, polysaccharides are employed in a variety of biomedical sectors including bone tissue regeneration, therapeutic delivery, biosensors, wound healing, dentistry, *etc.* [\[20](#page-15-0)]. Natural polysaccharides have grown in prominence in the nanotechnological field for controlled drug administration to improve safety, longer retention period, enhanced permeability bioavailability and biocompatibility in order to address such constraints [\[21,22](#page-15-0)]. Pectin, amylose, alginate, dextran, *etc.*, are some of the examples of polysaccharide-based nanoparticles that have already been used in preparation of nanoparticles for encapsulation of therapeutic agents to be used in medicinal applications. However, there aren't many research reports on the preparation and uses of antimicrobial drugs-loaded polysaccharide-based nanoparticles for

Fig. 2. Factors contributing to oral health and maintaining healthy oral biome *vs.* factors contributing to dysbiosis of oral microflora and periodontitis.

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Table 1

Composition of biofilm.

Key pathogens responsible for dental plaques	Organic constituents	Inorganic constituents
Aggregatibacter actinomycetemcomitans Porphyromonas intermedia Tannerella forsythia Peptostreptococcus micros Campylobacter rectus Fusobacterium nucleatum	Polysaccharides Lipids Glycoproteins Proteins	Phosphorus Calcium Fluoride Sodium

many dental applications [\[23](#page-15-0)–28]. The polysaccharide-based carrier materials made of chitosan, alginate, dextran, cellulose and other polysaccharides have recently been spotlighted on the recent advancements in preventing, treating and managing dental diseases. The objective of the current review article is to present a brief comprehensive overview of the recent advancements in polysaccharide-based dental drug delivery systems for the delivery of different antimicrobial drugs. In addition, pathogenesis of perodontitis and available current management of periodontitis, and antimicrobial drug releasing formulations in dentistry have also been addressed for better understanding of the current topic.

2. Methodology of review

The searching of reported literature for the current review was carried out using different popular scientific databases like Science Direct, Scopus, Web of Science, Google Scholar, and PubMed. The keywords employed for searching the literature sources comprise of dental diseases, periodontitis, antimicrobial drugs in dentistry, polysaccharidebased dental drug delivery, and use of antimicrobial drugs in

dentistry. This review covers all published researches on the current topic till date.

3. Periodontitis

Approximately 10 % of all dental diseases in the global adult population are directly contributed to periodontitis, which is a widespread pathology of the human oral cavity [\[29](#page-15-0)]. Its high prevalence makes it a significant health issue, which might result in compromised tooth health and may cause impairment of dental tissues as well as loss of teeth. Not only does periodontitis impair the quality of life, but it also significantly accounts for edentulism and masticatory dysfunction, which incurs significant costs for dental care, and has a detrimental effect on overall health [[30\]](#page-15-0). However, other factors, including anatomical features like the short trunk, cervical enamel projections, developmental grooves, dental plaque, calculus, protruding restorations, systemic factors, genetic makeup, tobacco, and anxiety, act as secondary causal factors speeding up the propagation and advancement of periodontal diseases. Factors contributing to oral health and maintaining healthy oral biome *vs.* factors contributing to dysbiosis of oral microflora and periodontitis are presented in [Fig. 2.](#page-1-0)

3.1. Pathogenesis of periodontitis

The pathogenesis of periodontitis can be comprehended by understanding the intricate formation of dental biofilm along with the immune response associated with it [\[31](#page-15-0)]. The formation of dental plaque is a key symptom which is observed in the progression of periodontitis. This dental plaque is nothing but a complex biofilm, which is made up of microbial colonies (mainly gram-positive) and their protective matrix

Fig. 3. Periodontitis pathogenesis and progression.

made up of glycocalyx and polysaccharides [[32](#page-15-0)–34]. Key pathogens responsible as well as the organic and inorganic constituents of a biofilm are given in [Table 1](#page-2-0).

In bacteria, cell density-mediated gene expression or quorum sensing controls the expression of particular genes by the buildup of signaling molecules, which facilitate inter-cellular communications. These signaling compounds are also called auto-inducers. The first layer of dental plaque that is deposited on the teeth surface is called 'acquired pellicle'. The proline-rich proteins of the capsule are bound by the 'adhesin receptors' on the surface of initial colonizers. This binding causes the 'cryptitope' receptor sites to become exposed, which in turn causes coaggregation. In this way, there is a layer by layer deposition of dental plaque leading to compromised oxygen availability in the bacterial colonies and these results in the spurge of anaerobic bacterial colonies. Fusobacterium species serve as the linking microbe between primary and secondary colonizers. Oral bacteria like *Porphyromonas gingivalis* and *Aggregatibacter actinomycetemcomitans* also contain fimbriae, which helps in bridging. This gradual shift from aerobic to anaerobic microbial colonies results in accelerating gingivitis to periodontitis [\[35](#page-15-0),[36](#page-15-0)]. When bacterial virulence factors (like *P. gingivalisgingipains*) and chronic inflammation, which manifest as gingival bleeding and modifications in soft tissue shape and color overwhelm this intricate and well-adapted defense mechanism, the junctional epithelium relocates superficially on the root surface and stimulates collagen destruction, which then eventually results in the formation of periodontal pockets [[36\]](#page-15-0).

In response to this chronic progression of infection, the host exhibits innate immune response. As a result, signs of acute inflammation like red and bleeding gums, reddening and swelling of gingiva and neutrophil migration to the site of inflammation. The primary immune response also activates host cells to trigger the adaptive response, which in turn results in the boosting of prostaglandins, tumor necrosis factor, and other pro-inflammatory mediators like interleukin-1 β. The cascade is thus activated, which is followed by the B-cell and T-cell activations. The pathogenesis and progression of periodontitis affected tooth is presented in [Fig. 3.](#page-2-0) A severe case of periodontitis can loosen the teeth. Periodontitis can generally be treated in a systematic approach to slow down the disease's progression. If there are gum pockets that have become at least 3.5 mm deep, treatment is required.

3.2. Current management of periodontitis

Even if periodontitis has already caused bone or tooth loss, maintaining routine oral hygiene can assist to preserve the remaining teeth. Sometimes, as per need dentures can be fixed with healthy alternative of the supportive tissue [\[37](#page-15-0)]. Improved behavioral patterns like quitting smoking can help in reliving symptoms and progression of periodontitis along with minimizing chances of relapse. Once proper at-home treatment or management of biofilms is established, scaling and root planning (SRP) should be done in those areas where the periodontal probings have reached depths of 5 mm or more [\[37](#page-15-0)]. Tartar (calculus) is removed and this process is known as scaling. This is achieved with the help of unique instruments called scalers or gingival curettes. Sometimes, they can also be ultrasound devices or piezoelectric or rotating instruments. Treatment during this phase should also include treating active carious lesions, extracting teeth that are beyond saving, and addressing any local contributory factors. To enhance patient comfort during scaling and root planing, a suitable amount of local anaesthesia should be given before initiating the procedure. Automated devices may be more efficient than curettes for clearing subgingival biofilm and calculus in sites where access is challenging. To reduce fremitus and extreme mobility, occlusal modification should be taken into consideration [\[38](#page-15-0)]. In order to fix enamel deformities, Chen et al. designed HAp-based films directly on the enamel utilizing the pulsed laser deposition (PLD) technique employing a chairside erbium-doped yttrium aluminum garnet laser [[39\]](#page-15-0). Future clinical uses of erbium-doped yttrium aluminum garnet laser utilizing the PLD to repair enamel defects have tremendous potential. For treating periodontal pockets, antimicrobial chemical substances (antiseptics) are employed for nonsurgical periodontitis treatments. The most important advantage was seen with metronidazole and amoxicillin. Delivery of a locally administered minocycline (a tetracycline-derivative antibiotic) *via* microspheres or chlorhexidine (an antimicrobial) containing chip may be used for the localized site with deep periodontal probing depth. Due to the limitations of traditional surgical techniques, bone grafts (BGs) have become increasingly important in periodontal regeneration. HAp has been used in the synthetic bones for a long time. It has been employed in bone regeneration because it resembles mineralized bone. BGs made from HA improve bone bonding by forming a chemical-nature bonding with the bone matrix. A nanohydroxyapatite (nHAp)-based hard tissue bone replacement technology has effectively been used for the management of spacemaintaining bone defects [\[40,41](#page-15-0)]. Many herbal plants like Japanese herbal medicine like rokumigan [\[42](#page-15-0)], flavonoids (*Epimedium* spp. Plant) [[43\]](#page-15-0), curcumin [\[44](#page-15-0)], cardamom [[45](#page-15-0)], eugenia, *etc.*, have been observed to impart therapeutic action against different causal factors leading to periodontitis.

In dentistry, the most commonly used antiseptic is chlorhexidine. It contains broad-spectrum properties as antimicrobial that help reduce bleeding, gingival irritation, and plaque development. It may have additional supplementary actions on dental hygiene maintenance (brushing as well as flossing). Additionally, H_2O_2 can be used to peroxidize the lipidic materials in the cell-walls of bacteria and has chemotactic effects on leukocytes. Quaternary ammonium drugs may be used to kill bacteria by attaching to some bacteria *via* their cell membranes [\[46](#page-15-0)]. It was shown that 4-dihydroxyphenyl alanine (DOPA) linked polychlorinated biphenyls (PCB) coating (DOPA-PCB); pCB- (DOPA) 4-coated materials dramatically reduced the adhesion of *S. aureus*, *P. aeruginosa*, and *S. mutans* [[47\]](#page-15-0).

4. Antimicrobial drug releasing formulations in dentistry

Numerous microorganisms occurred in the oral cavity cause biofilms to develop, which then triggers the formation of dental plaque and this in turn causes tooth decay [[32\]](#page-15-0). In general, dental caries is one of the very common non-communicable diseases, which develop when bacteria are found in the dental plaque produce acid and this often damages the tooth tissue [\[48](#page-15-0)]. Combating active dental caries has recently been the important most top priorities in enhancing oral health worldwide since it causes irreversible damage to teeth that even finally results in their death. Despite major efforts that vary from preventive to restorative measures being made, these diseases affect around a third of the global population [\[49](#page-15-0)]. For the repair of damaged tissues, among others, naturally-occurring biopolymers like chitosan, peptides, and various bio-based polyesters exhibit significant promise, particularly when infections hinder their regenerative processes [[50\]](#page-15-0).

Low-molecular-weight proteins called antimicrobial peptides (AMPs) have a broad range of antibacterial action [[51\]](#page-15-0). The majority of AMPs are cationic and amphiphilic in nature. Their effectiveness is dependent upon their level of cationic and amphipathic properties [\[52](#page-16-0)]. Several models have been employed to elucidate the mechanism of action. AMPs have the ability to adhere to the anionic bacterial cell membrane, resulting in bacterial cell-lysis. The effectiveness of AMPs is dependent on their amphipathicity [[53\]](#page-16-0). It has been demonstrated that a number of AMPs, both natural and synthetic, have bactericidal effects on a number of bacterial species found in the oral cavity [\[54,55](#page-16-0)]. Moussa et al. previously revealed long-acting amphipathic-natured AMPs that target the dental plaque microbiota and are applied as coatings on dentine-restoration interfaces [[56\]](#page-16-0). *Ex vivo* experiments revealed possible protection against recurrent caries, and the study demonstrated the effectiveness of specific antimicrobials.

Dental adhesive systems that possess intrinsic antibacterial properties operate either *via* contact killing, such as quaternary ammonium salts, or the existence of charged species, and do not rely on the discharge of any antibacterial agents [[57,58](#page-16-0)]. One strategy that has demonstrated potential involves the use of methacrylate derivatives of molecules such as eugenol or *N*,*N*-dimethylammonium derivatives. These molecules possess established bactericidal properties and have been employed as polymer therapeutics in dental applications. However, this approach is presently limited to laboratory assessment [\[59](#page-16-0)]. Antibacterial medicines should have a low cytotoxic effect on mammalian cells while still limiting bacterial growth. As is well known, modest quantities of eugenol have actions on the tooth pulp that are both anti-inflammatory and local anaesthetic; nevertheless, excessive concentrations can have some cytotoxic consequences [\[59](#page-16-0),[60\]](#page-16-0). Due to their higher affinity for plasma membranes and lipid solubility, eugenol and similar chemicals have been linked to cellular damage [[61](#page-16-0)]. However, when examined *in vitro* using human fibroblast cell line, it was found that both eugenol-methacrylate and poly(eugenol-methacrylate) were cytocompatible in nature [[62\]](#page-16-0).

The number of units determines how hydrophobic the molecule is, and quaternary ammonium compounds (QACs) are a class of cationicnatured antimicrobial agents with positively charged heads and hydrophobic tails that are typically chains of alkyl groups [[63\]](#page-16-0). The exact mechanism responsible for the antibacterial properties of these molecules remains uncertain, it is generally believed to involve their ability to bind to and then penetrate the bacterial cell wall. This disruption of the internal organization of cells eventually results in cell disorganization [\[64](#page-16-0)].

Dentists frequently prescribe antibiotics to treat or prevent infections, which add to the problem of antibiotic resistance. Tetracyclines, a group of cationic chelating broad-spectrum antibiotics, have demonstrated collagenase and gelatinase inhibitory effects [[65,66](#page-16-0)]. Because of its higher affinity for di-valent zinc cations than the other tetracyclines and their semisynthetic equivalents, doxycycline, is wellrecognized as the most effective and therefore, is widely used in restorative materials in dentistry [[67\]](#page-16-0).

Methacryloxylethylcetyl dimethyl ammonium chloride, 12-methacryloyloxy dodecylpyridinium bromide and poly(2-methyloxazoline), are some of the examples are monomeric methacrylates with pendant quaternary ammonium salts, which have been used in different dental systems designed for dental uses dental composite restorations intrinsic antibacterial properties [[68\]](#page-16-0). Additionally, connecting the antimicrobial-natured monomers through two polymerizable groups and in combination with two quaternary ammonium groups with one polymerizable group have also been shown to boost antibacterial effectiveness [[69\]](#page-16-0). Since then, QACs have been included in various dental biomaterials including composite resins [\[70](#page-16-0)], adhesive systems [[71\]](#page-16-0), acrylic resins [\[72](#page-16-0)], and bone cements [[73\]](#page-16-0), which have proven already effective antibacterial qualities.

A cationic-natured substance having a broad-spectrum type antibacterial action is chlorhexidine [[74\]](#page-16-0). It usually disrupts the cellular membranes and has successfully been employed in dental applications for the management of dental biofilms as an antibacterial agent. It is a crucial ingredient in oral formulations that can be applied topically to treat oral biofilms, such as mouthwashes and oral gels. In a research, Barbour and co-investigators reported that chlorhexidine hexametaphosphate displayed decreased solubility [[75\]](#page-16-0). The possibility of releasing this substance from elastomeric ligatures employed in the management of orthodontic treatments was also investigated [[76\]](#page-16-0).

5. Polysaccharide-based dental delivery systems for releasing of antimicrobial drugs

A polymeric carrier should be completely inert in nature as well as free of leachable contaminants, which can be employed effectively in controlled drug releasing formulations. In other words, the polymeric carrier systems should have a suitable physical structure, minimum unwanted degradation, and be easily processed. The uses of different biodegradable polymers also eliminate the necessity of returning to the dentist to have the device removed or second surgical operation for device removal. In-depth research has been done on different natural polymers including cellulose, alginate, and chitosan as well as synthetic polymer-candidates like poly(vinylpyrrolidone) [PVP], poly(vinylal*co*hol) [PVA], poly(d,L-lactide) [PLA], poly(d,L-lactide)-co-glycolic acid [PLGA], poly(Ɛ-caprolactone) [PCL], *etc.* [\[24](#page-15-0)[,77](#page-16-0),[78\]](#page-16-0). The most critical requisites for a drug delivery device in periodontitis management by a drug delivery system are the administration of antimicrobial agents in those places, where the mechanical scaling devices cannot reach and antimicrobial drug release at a required level over the total treatment period while simultaneously demonstrating cytocompatibility and biocompatibility [[13\]](#page-15-0). Through different mechanisms, such as solute diffusion, aqueous swelling of the polymer matrices, degradation, as well as erosion of the polymeric-matrices, the drug can leak out of the devices and into the pocket. Zwitterionic polymers (ZPs) exhibit special properties that limit biofilm formation, inhibit protein adhesion, and preserve biocompatibility [[79\]](#page-16-0).

A hydrogel is a three-dimensional matrix of cross-linked, aqueous soluble biopolymers, which includes hydrophilic groups like hydroxyl groups or amide group(s) [\[80,81](#page-16-0)]. Cross-linking allows for the formation of polymer networks. For controlled drug release, hydrogels have the capability to swelling (absorbing a significant amount of water) and subsequently contract. Thermosensitive injectable hydrogels are gaining momentum in the advanced management of periodontal pockets, which are seemingly difficult to access [[82\]](#page-16-0). Injectable and thermosensitive hydrogels containing aspirin and erythropoietin were studied, respectively, to impart anti-inflammation and tissue regeneration effects, by Xu et al. [[83\]](#page-16-0). The best candidates for mimicking soft tissues are bilayer hydrogels, which have intelligent functionalities [\[84](#page-16-0)]. Liposome-based systems with submicron dimensions were studied to infiltrate into the dentinal tubule [\[85](#page-16-0)].

There are a strong linkage in-between dental disorders and common chronic illnesses. Numerous investigations have found linking among periodontal diseases, heart diseases, and diabetes mellitus, *etc.* [\[86](#page-16-0)–88]. Additionally, a number of general medical conditions, such as diabetes mellitus, anaemia, Crohn's disease, Addison's disease, thrombocytopenia, leukaemia, lupus erythematosus, lichen planus, human immuno virus (HIV)-associated periodontal diseases, *etc.*, which increase the risk of oral diseases, such as hemorrhagic, ulceration, mucosal bleeding, petechiae, bullae, *etc.* [\[89](#page-16-0)]. According to recent studies, the polysaccharide-based systems for dental delivery field are experiencing significant growth through a variety of techniques for the improvement of drugs' bioavailability. In this regard, polysaccharides are being modified/functionalized chemically as well as physically using various pH modifiers, enzyme inhibitors, permeability enhancers, *etc*.

5.1. Chitosan-based systems

Chitosan is a natural biopolymer that has antimicrobial as well as antioxidant properties against a variety of microorganisms, including yeast, filamentous fungus, and Gram-positive and Gram-negative bacteria [[90\]](#page-16-0). Chitin is partially alkaline deacetylated using sodium hydroxide to produce chitosan, a cationic polysaccharide, comprising of α-1, 4-linked 2-amino-2-deoxy-α-D-glucose (*N*-acetyl glucosamine) [[91,92](#page-16-0)]. Because of its cationic nature (contributed by the occurrence of amino groups in its chemical formula) as compared to other polysaccharides in recent decades, chitosan has attracted significant attention to design many dosage forms [[93,94\]](#page-16-0). Chitosan has lately been investigated for its osteoconductive qualities as bone substitute polymeric biomaterial in dentistry and orthopaedic applications [[90\]](#page-16-0). It also imparts significant characteristics of drug delivery excipients like: controlled drug release and mucoadhesion [\[94](#page-16-0)].

For the administration of hydrophilic-natured antimicrobial drugs (like chlorhexidine gluconate), the applications of chitosan as a filmbased matrix is extensively established, while there are very few

Fig. 4. Schematic presentation of the preparation procedure of the microparticles; stage 1–ionotropic gelation of chitosan and sodium tripolyphosphate (TPP), stage 2–ethylcellulose coating of the ionotropically-gelled chitosan matrix using coacervation technique [\[97](#page-16-0)]. (Copyright © 2018 Elsevier Ltd.)

reports on the delivery of lipophilic drugs using chitosan films. Perugini et al. designed a PLGA/chitosan composite film by emulsification/ casting/evaporation process for ipriflavone delivery in the periodontal site [\[95](#page-16-0)]. All of these prepared chitosan-based films were found flexibility with elastic nature because of glycerin incorporation as plasticizer. The presence of citrate ions was observed to significantly affect the swelling, degradation, and drug release of the polymeric film. The result demonstrated a sustained *in vitro* ipriflavone releasing pattern from these PLGA-chitosan monolayer films for a period of 20 days. The research findings suggested that the release of ipriflavone was contingent upon not only the process of diffusion through PLGA micromatrices but also the process of diffusion through the chitosan matrix, which exhibited a more compacted structure when comprised of chitosan citrate. Another research group reported the preparation of buccal tablets using chitosan microspheres that contained chlorhexidine diacetate and these buccal tablets were produced by compressing the chlorhexidine diacetate-containing microparticles directly with either sodium alginate or mannitol [\[96](#page-16-0)]. The ability of these buccal tablets to provide a longer releasing of the medication (chlorhexidine diacetate) in the buccal region was demonstrated by the *in vivo* results of this investigation, which involved measuring the presence of chlorhexidine in saliva. The results of the experiment indicated that the activity of microparticles having a chlorhexidine-to-chitosan ratio of 1:4 was higher as compared to microparticles having a ratio of 1:2. The reason for this result can be attributed to the inherent antimicrobial properties of chitosan.

For the localized treatment of periodontitis, Gjoseva and associates carried out a study wherein they utilized an ionotropic gelation/spray drying technique to prepare microparticles containing doxycycline hyclate-loaded chitosan (medium and low molecular weight) using sodium tripolyphosphate as a crosslinker [[97\]](#page-16-0). These doxycycline hyclateloaded chitosan microparticles were subjected to an additional coating process utilizing the coacervation/solvent displacement approach with ethylcellulose. Fig. 4 depicts a schematic illustration of ionotropic gelation/spray drying technique utilized for the production of doxycycline hyclate-containing chitosan microparticles, followed by a subsequent polymer coating with ethylcellulose. The loading of doxycycline hyclate within the chitosan microparticles resulted in a reduction in porosity, while the microparticle surface retained a highly wrinkled appearance. The surface area of doxycycline hyclate-loaded microparticles composed of low- and medium-molecular-weight chitosan was found to be 25.8 m^2/g and 24.6 m^2/g , respectively. Additionally, the pore volumes of these microparticles were determined to be 0.063 $\rm cm^3/$ g and $0.059 \text{ cm}^3/\text{g}$, respectively. The surface area of the microparticles loaded with doxycycline hyclate and coated with ethylcellulose (EC N45) was observed to reduce to 19.3 m^2/g and 15.5 m^2/g for low and medium molecular weight chitosan, respectively. Additionally, the pore volume of these microparticles was also observed to reduce to 0.036 cm^3/g and 0.022 cm^3/g for the respective chitosan formulations. The rate of *in vitro* drug release was found to be dependent upon both the

concentration (5 %, 7.5 %, and 10 %) and type of ethylcellulose (EC N10 or EC N45) for coacervation and the interaction among ethylcellulose type and concentration. Overall, it was observed that the utilization of EC N45 as a coating material resulted in a decreased drug release rate, with the most gradual release rate being observed at a 7.5 % EC N45 concentration. The drug release rate was observed to be much faster for both types of ethylcellulose when the concentration of chitosan was increased to 10 %. This effect can be attributed to the suppression of coacervation procedures in highly viscous and concentrated chitosan solutions. The mucoadhesive potential of both coated and uncoated chitosan microparticles was observed to be high without any significant impact on the viability of the examined epithelial cells. The study found that the RAW 264.7 cells (murine macrophage cell line), exhibited a gradual and delayed apoptotic response when exposed to microparticles. The observed effect was found to be dependent on the type of formulation and concentration of doxycycline hyclate-loaded microparticles composed of chitosan. The results of our experiments indicated a synergistic relationship between the biological response of the doxycycline hyclate-loaded microparticles composed of chitosan (medium and low molecular weight) and the anti-inflammatory properties of doxycycline hyclate.

Dos Santos et al. performed a recent study wherein they created innovative core-sheath structured chitosan-based nonwovens intended for delivering drugs in management of periodontitis [[98\]](#page-16-0). The present study involved the preparation of nanofibers using a coaxial electrospinning technique, wherein chitosan was employed to form the shell layer and polyvinyl alcohol (PVA) containing tetracycline HCl was used to form the core layer. The present study involved the cross-linking of chitosan with genipin prior to the electrospinning procedure. The nanofibers acquired exhibited consistent geometric properties, with a diameter spanning from 100 to 300 nm. The core-sheath structural features were observed through transmission electron microscopy (TEM) even following genipin-induced cross-linking. The cross-linking induced by genipin was observed to significantly enhance the mechanical properties and stability of the nonwovens in an aqueous environment. The sustained release of tetracycline HCl over 2 weeks was found in the core-sheath chitosan-based nonwovens as a result of genipincaused cross-linking. Furthermore, the findings of the drug release study, specifically regarding tetracycline HCl, indicate that the presence of lysozyme had an impact on its release, which was observed to be influenced by the composition of the shell layer. It was observed that the reduction in the degree of deacetylation of the chitosan used resulted in an increase in the tetracycline HCl discharge rate. The findings from the antimicrobial analysis indicate that the nonwoven materials composed of tetracycline HCl cross-linked with genipin-caused chitosan demonstrated enhanced efficacy against bacterial strains responsible for periodontal disease. Furthermore, it was observed that the nonwovens composed of core-sheath chitosan exhibited no cytotoxicity when subjected to fibroblast cell culture.

Dias et al. designed a novel injectable formulation of *in situ* gel

Fig. 5. Micro-CT images of the clindamycin-loaded chitosan/alginate polyelectrolyte complex dental film showing (A): axial slice of film specimen (a), selection of ROI including all specimen (b), binarization of the image by the gray-level histogram (c), thresholding for analysis Micro-CT image (d) and (B): 3D Micro-CT images after all adjustments [[101\]](#page-17-0). (Copyright © 2018 Elsevier B.V.)

containing ornidazole-loaded chitosan microparticles was designed for periodontitis treatment [\[99](#page-17-0)]. An *in vitro* adhesion test was conducted on sheep cheek mucosa, and the results demonstrated that the formulated ornidazole-loaded chitosan particles displayed excellent bioadhesion. In this research, an improvement in adhesion was noticed as the concentration of polymers increased, which contributed to the increased accessibility of polymeric chains for interaction with the mucus. The ornidazole-loaded microspheres demonstrated sustained ornidazole release *via* diffusion for up to 5 days. In another research, chitosan-based bioadhesive microspheres of tetracycline were formulated for use in localized periodontal therapy, and the drug-releasing potential was investigated [[100](#page-17-0)]. A formulation consisted of chitosan (3 % *w*/w), tripolyphosphate (9 % *w*/*v*), and tetracycline HCl (10 % w/w) was acknowledged for maximizing bioadhesivity and obtaining controlled release of tetracycline, which was selected as an optimized formulation. The findings pertaining to bioadhesion indicated that the formulation of chitosan-based bioadhesive microspheres containing tetracycline with the optimal maximum detachment force (MDF) demonstrated a greater value (469 \pm 20.25 mN) in comparison to the optimal mean dissolution time (MDT) of the formulation (293 \pm 17.03 mN). The bioadhesion outcomes indicated that the optimal MDF formulation demonstrated a greater propensity to extend the retention duration on the mucosa in comparison to the optimal MDT formulation. The outcomes of tetracycline release suggested that the optimal MDT formulation exhibited a greater release of tetracycline in comparison to the optimal MDF formulation. Specifically, at the initial 1 h, the optimal MDT formulation demonstrated a tetracycline release of 18.19 %, while the optimal MDF formulation exhibited a tetracycline release of 13.23 %. Upon completion of the 8 h testing time frame, it was observed that the optimal MDT formulation exhibited 46.93 % tetracycline release, whereas the optimal MDF formulation exhibited 36.65 % tetracycline release. The findings of the study indicated that the release of loaded tetracycline from chitosanbased microspheres was observed to follow the Fickian diffusion mechanism. Additionally, the textural assessment demonstrated that there was minimal hydration throughout the course of the experiment. This research aimed to assess the antimicrobial efficacy of chitosanbased bioadhesive microspheres of tetracycline against *Staphylococcus aureus* (a bacterial strain commonly isolated from the periodontal pockets among individuals suffering from periodontal disease). The *in vitro* analysis was conducted in PBS, pH 6.8. The results of antimicrobial investigations suggested that the levels of tetracycline present in the *in vitro*-releasing samples exceeded the minimum threshold concentration of tetracycline necessary to impede the growth of *Staphylococcus aureus*. The results of thermal analyses suggested the potential for an interaction to occur between the loaded tetracycline and the polymer used (here, chitosan). The integrity of these chitosan-based bioadhesive microspheres of tetracycline was confirmed, and the morphological alterations that occurred after tetracycline release became apparent through the use of scanning electron microscopy.

Kilicarslan and associates developed biopolymeric dental films made from chitosan- and alginate-based polyelectrolyte complexes loaded with clindamycin [\[101\]](#page-17-0). The present study employed the solvent cast methodology to fabricate chitosan/alginate films loaded with clindamycin. The films were prepared by varying the proportions of excipient polymers (chitosan and alginate) with varying molecular weights. The thickness measurements of the developed chitosan/alginate films were found to be within 445.00 \pm 33.91 to 1903.00 \pm 254.90 µm. The polysaccharidic films that were manufactured employing chitosan of medium and low molecular weights exhibited a granular texture and surface roughness, as evidenced by the microscopically analysis by scanning electron microscopy (SEM). The 3-dimensional (3-D) structure of the developed biopolymeric films composed of polyelectrolyte complex-based polysaccharides loaded with clindamycin was analyzed using Micro-CT imaging, as depicted in Fig. 5. The study revealed that the concentration of chitosan as well as alginate had a positive correlation with the increase in clindamycin content in the developed films. The films loaded with clindamycin exhibited effective disintegration within a 2-h period. The study determined that the dental films containing clindamycin and 5 ml of alginate exhibited the smallest swelling rate. By comparison, the dental films containing clindamycin exhibited the greatest degree of swelling when formulated with alginate-tochitosan concentration and volume ratio of 3:1 and 2:1, respectively.

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Table 2 (*continued*)

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The dental films containing clindamycin that were formulated using high concentrations of sodium alginate and chitosan exhibited superior adhesion properties. The study determined that the release rates and kinetics of clindamycin from dental films were controlled by the polyelectrolyte complexation in-between alginate and chitosan. The study reported that the clindamycin-loaded dental films, which were formulated with lower alginate content and a combination of high molecular weight chitosan as well as low molecular weight chitosan, exhibited a rapid releasing of clindamycin. The dental films containing clindamycin were formulated with an increased alginate concentration and either high- or low-molecular-weight chitosan. These films demonstrated a sustained and regulated release of clindamycin. The dental films containing clindamycin that were manufactured from a polyelectrolyte complex-based polysaccharidic material with an increased alginate content displayed a slower rate of clindamycin release for up to 10 h, as well as outstanding swelling and excellent adhesion. The utilization of chitosan/alginate polyelectrolyte complex-based dental films loaded with clindamycin presents a promising approach for the targeted management of periodontitis through localized application within the periodontal pocket [[97\]](#page-16-0). Some other antimicrobial drugs-releasing chitosanbased systems for dental drug delivery are described in [Table 2](#page-7-0).

5.2. Cellulose-based systems

In general, cellulose is a group of hundreds to millions of individual sugar molecules known as anhydrous-D-glucopyranose units (AGUs) that are connected by glucosidic connections. It is an essential component of plant cell walls and is frequently consumed as fibre by humans [[114](#page-17-0)]. The biomedical field, including dentistry, cellulose and its derivatives has enormous potential uses for both bacterial and plant cellulose [[115](#page-17-0)].

A research group designed porous matrices containing metronidazole and applied them topically to the periodontal pocket [[116](#page-17-0)]. These metronidazole containing porous matrices were prepared using the cellulose derivatives like carboxymethyl cellulose sodium (NaCMC) and hydroxyethyl cellulose (HEC) in combination with gelatin (a protein biopolymer). In another research, Fini and co-researchers designed mucoadhesive-natured aqueous gels containing chlorhexidine that comprise the cellulose derivatives like hydroxypropyl cellulose (HPC), hydroxypropyl methylcellulose (HPMC) and carboxymethyl cellulose (CMC), either alone or in binary combinations [\[117\]](#page-17-0). The combination of HPC and CMC in the 2/3 weight ratio enabled the development of mucoadhesive aqueous gels, which maintained the releasing of chlorhexidine. Thus, the overall results indicated their potential to interact with the mucin. For the treatment of periodontitis, a mucoadhesive polymeric-gel were prepared using propolis extract (as natural antimicrobial), HPMC K4M, Carbopol 940, and NaCMC has been designed [[118](#page-17-0)]. The gel made of NaCMC (3 %) and Carbopol 940 (1 %) was found to be the optimal formulation in terms of *in vitro* drug releasing, viscosity and mucoadhesion investigations. The authors of this study came to the conclusion that these formulations effectively inhibited the growth of *P. gingivalis*, and they advise clinical testing of these products.

Fig. 6. Antimicrobial activity of chlorhexidine-releasing polymeric membrane made of chlorhexidine/β-cyclodextrin inclusion complexes and oxidized bacterial 2,3 dialdehyde cellulose against *Staphylococcus aureus*, *Escherichia coli* and *Candida albicans* [[120\]](#page-17-0). (Copyright © 2020 Elsevier B.V.)

Recently, Hirun and coworkers designed polysaccharide-based hydrogels using methylcellulose and tamarind seed xyloglucan for *insitu* metronidazole delivery [\[119\]](#page-17-0). A crucial property is that both methylcellulose and tamarind seed xyloglucan are biodegradable and biocompatible biopolysaccharides. The methylcellulose-tamarind seed xyloglucan hydrogels underwent a sol-gel transition. Furthermore, it has been found that the viscosity exhibited an upward trend as the concentration of methylcellulose increased. The incorporation of tamarind seed xyloglucan was found to result in an increase in viscosity in the samples. In addition, favourable mucoadhesivity and injectabile characteristics of these prepared hydrogels were found. The obtained results of this investigation revealed that the hydrogels composed of 7 % *w*/*v* methylcellulose and 1.5 % w/v tamarind seed xyloglucan exhibited a prolonged release pattern for loaded metronidazole, which was comparable to the commercially available gel. In a research, Inoue and *co*researchers designed a chlorhexidine-releasing polymeric membrane composed of oxidized bacterial 2,3-dialdehyde cellulose [\[120\]](#page-17-0). In order to monitor the release and effectiveness of chlorhexidine, the synthesis of inclusion complexes of chlorhexidine with β-cyclodextrin was carried out. Chlorhexidine interacts chemically strongly with the cellulosic structure, which significantly aids in its retention. Comparing oxidized bacterial cellulose to its natural form, the combination of membraneoxidation and the development of the inclusion-complex with cyclodextrin resulted in a 10-fold rise in rate of chlorhexidine release. The chlorhexidine-releasing polymeric membrane made of chlorhexidine/ β-cyclodextrin inclusion complexes and oxidized bacterial 2, 3-dialdehyde cellulose exhibited greater inhibition against *Escherichia coli*, *Staphylococcus aureus*, and *Candida albicans* (Fig. 6).

Some other antimicrobial drugs-releasing cellulose-based systems for dental drug delivery are described in [Table 3](#page-10-0).

5.3. Alginate-based systems

Alginate is a naturally occurring algal biopolysaccharide isolated from seaweeds [\[131\]](#page-17-0). During past few years, alginate has been investigated for numerous uses in medicine, dentistry, tissue engineering, enzyme immobilization, cell encapsulation, *etc.* [\[22](#page-15-0)[,132\]](#page-17-0). Alginates are well-known as nonimmunogenic, nonallergic, nontoxic, and biodegradable. They are used in dentistry as dental impression biomaterials to capture the intra-oral structure prior to the construction of dental restorations [[22\]](#page-15-0). Gypsum casts made from alginate can be used for a variety of purposes, including removable dental prostheses, sports mouth guards, provisional bridges and crowns, orthodontic modeling, and diagnostic casts [[133](#page-17-0)].

For application in periodontal therapies, Scholz et al. designed and assessed chlorhexidine release from alginate-based microbeads [[134](#page-17-0)]. The dripping technique and internal gelation procedure were used for

producing these chlorhexidine-releasing alginate-based microbeads. In the fabrication of these chlorhexidine-releasing alginate-based microbeads, calcium chloride was used as a cross-linker (ionic-type). The chlorhexidine releases from several microbeads revealed chlorhexidine-releasing properties equivalent to clinically recognized systems, *in vitro*. The present study demonstrated that the release profiles of alginate beads could be customized for individual patients and adjusted according to their inflammation status by manipulating various factors such as particle size, loading duration, concentration of chlorhexidine, and particle combinations. The potential for implementation within clinical settings appears promising, owing to its advantageous features such as adaptability, low production costs, and ease of handling. Alginate-based dental implantable rings combined with PCL were developed and investigated by Lan and associates for the controlled release delivery of metronidazole. This metronidazolecontaining composite-material can be used as a customized ring system for dental implantation to prevent bacterial growth [[135](#page-17-0)]. [Fig. 7](#page-11-0) illustrates the diagrammatic representation of the arrangement of PCL/ alginate composite dental implantable rings that comprise metronidazole. The process of fabricating PCL-alginate dental implantable rings was carried out utilizing the solvent cast technique, employing polydimethyl siloxane (PDMS) moulds. Three different kinds of medicated rings, specifically alginate rings, PCL rings, and PCL-alginate composite rings, were formulated and investigated. In this study, PCL-alginate composite dental implantable rings were developed using varying ratios of PCL and alginate. Specifically, three distinct proportions were utilized, namely the total quantity of metronidazole in PCL to the total amount of metronidazole in alginate at ratios of 5:1, 10:1, and 50:1. [Fig. 8](#page-11-0) depicts the structural morphology of PCL/alginate dental implantable rings. The study revealed that the morphology of the inner alginate ring was effectively obstructed by a relatively rigid and less permeable polymer material, namely PCL, which formed a barrier that could potentially reduce the chance of rapid and unexpected burst release of metronidazole, as observed in the case of the alginate ring. The metronidazole release into phosphate buffered saline could be protected by this layer. Moreover, PCL has the potential to provide the necessary level of rigidity to the composite ring, thereby promoting smooth integration with the bodily structure of dental implants. The findings of the *in vitro* investigations indicate that the metronidazole release kinetics of the alginate rings exhibited a rapid initial release within a period of 120 min, rendering them unsuitable for prolonged therapeutic efficacy. Conversely, the metronidazole release profile of the PCL rings was observed to be comparatively slower, while the metronidazole release kinetics of the PCL/alginate composite dental implantable rings varied depending on the specific ratios of the two polymers utilized. The PCL/alginate composite dental implantable rings that were produced and incorporated with metronidazole exhibited an

Table 3

Antimicrobial drugs releasing cellulose-based systems for dental drug delivery.

in vitro release pattern of 50 % metronidazole during the first 48 h. Nonetheless, the remaining amount of metronidazole was gradually discharged during the period of inactivity. The study observed an initial burst release of metronidazole from the PCL-alginate composite dental implantable rings, which was followed by a controlled release over a

period of 303 days. The observed phenomenon could potentially be attributed to the comparatively rigid and less permeable characteristics of PCL, which impeded the potential swelling of alginate. The present study investigated the impact of varying ratios of PCL and alginate on the controlled release of metronidazole, with the aim of achieving the

Fig. 7. Diagrammatic representation of the arrangement of PCL/alginate composite dental implantable rings contained metronidazole [\[135](#page-17-0)]. (Copyright © 2013 Academy of Dental Materials. Published by Elsevier Ltd.)

MIC necessary for effective protection against the pathogen. The study found that the PCL/alginate composite dental implantable rings developed for *in vitro* metronidazole release followed the Ritger-Peppas model, indicating a diffusion mechanism for drug release. Composite PCL/alginate dental implantable rings that release metronidazole can be customized to accommodate dental implants of varying diameters, dimensions, and designs, fitting perfectly around the dental root.

Park et al. carried out a study wherein they utilized the ionotropic gelation technique in order to formulate alginate-chitosan microspheres that contained minocycline (10 %) [[136](#page-17-0)]. These minocycline-loaded alginate-chitosan microspheres were designed to serve as a polymeric implantable drug delivery system for insertion into the periodontal pocket, thereby facilitating the sustained release of minocycline into the gingival fluid over 7 days. These developed formulations of minocycline-loaded alginate-chitosan microspheres exhibited significant efficacy against pathogenic bacteria, including *Prevotella intermedia*, which is known to cause periodontitis. In a research, Prakash et al. designed amoxicillin-releasing in polyvinyl alcohol/sodium alginate/hydroxyapatite films. To prepare these films, hydroxyapatitenanoparticles and amoxicillin incorporated in polyvinyl alcohol/sodium alginate films. [Fig. 9](#page-12-0) presents the schematic diagram of the preparation of amoxicillin-releasing in polyvinyl alcohol/sodium alginate/ hydroxyapatite films. These polymeric-ceramic composite-based films containing amoxicillin exhibited good tensile strength, good swelling, nonhaemolytic nature, antibacterial activity, and biocompatibility, *in vitro*. The results of *in vitro* drug release exhibited a sustained drug release over 10 days. The overall results of the study clearly

Fig. 8. The structural morphology of PCL/alginate dental implantable rings containing metronidazole (A) PCL ring. (B) PCL/alginate ring (5:1). Alginate was colored with trypan blue for visual clarity. (C) PCL/alginate ring (5:1) with a central sectional cut. Dyed alginate was covered with PCL [[135\]](#page-17-0). (Copyright © 2013 Academy of Dental Materials. Published by Elsevier Ltd.)

Fig. 9. The schematic diagram of the preparation of amoxicillin-releasing in polyvinyl alcohol/sodium alginate/hydroxyapatite films [Key: PA: Polyvinyl alcohol, SA: sodium alginate, HAp: hydroxyapatite] [[137](#page-17-0)]. (Copyright © 2019 Elsevier B.V.)

demonstrated that these developed amoxicillin-releasing in polyvinyl alcohol/sodium alginate/hydroxyapatite films for periodontitis treatment as amoxicillin could help in healing bacterial infection and hydroxyapatite-nanoparticles could help in periodontal tissue regeneration in the infected periodontal site.

Some other antimicrobial drugs-releasing alginate-based systems for dental drug delivery are described in [Table 4](#page-13-0).

5.4. Dextran-based systems

Because of its significant hydrophilic nature and biocompatibility, dextran (a hydrophilic natural polysaccharide of hydrophilic nature) has received great interest for the uses in different controlled release systems [[146](#page-18-0),[147](#page-18-0)]. It is capable of being broken down by enzymatic degradation. Each anhydroglucose residue in dextran also contains 3-hydroxyl groups and these may be employed in a variety of ways for chemical modification and building networks. Glycidyl methacrylated dextran, potentially synthesized *via* coupling glycidyl methacrylates to those hydroxyl groups of dextran and the synthesized modified dextran material was tested to design-co-gelatin microspheres for localized controlled release of insulin-like growth factor-I to enhance the periodontal tissue regeneration [[148](#page-18-0)].

In a research Wu et al. fabricated calcium-dextran sulfate complex microparticles for localized minocycline delivery to treat periodontitis [[149](#page-18-0)]. These microparticles exhibited 96.98 ± 0.12 % loading efficiency of minocycline, 44.69 ± 0.03 % minocycline loading, sustained *in vitro* minocycline releasing (for at least 9 days at pH 7.40 and 18 days at pH 6.40, correspondingly), and antimicrobial actions against *Aggregatibacter actinomycetemcomitans* and *Streptococcus mutans*. The observed research findings indicated that the interaction between minocycline, $Ca²⁺$, and polymers containing sulfonate/sulfate functionality through ion pairing/complexation could be utilized for the development of complex microparticles as localized therapeutic delivery carrier matrices for the management of periodontitis. Zhao et al. designed an injectable drug delivery system for metformin and doxycycline utilizing oxidized dextran and phenylboronic acid functionalized poly(ethylene imine) [\[150\]](#page-18-0). This injectable system demonstrated proper adhesiveness to gingival mucosal tissue, excellent biocompatibility, and significant antibacterial effect against *Staphylococcus aureus*, *Escherichia coli* and *Porphyromonas gingivalis*. Additionally, the beneficial synergistic impact of the combination of metformin and doxycycline was confirmed in an *in vivo* study utilizing a rat model of chronic periodontitis with diabetes mellitus. This was achieved *via* the utilization of morphometric and histological assessments of alveolar bone, immuno-histochemical staining, and the measurement of immune-inflammatory mediator expression levels in gingival tissue. Thus, the ROS-triggered localized drug releasing suggested the potential of chronic periodontitis therapy in diabetic rats.

5.5. Other polysaccharides-based systems

In addition to chitosan, cellulose, alginate and dextran, some other polysaccharides like gellan gum, gum tragacanth, xanthan gum, pectin, *etc.*, have been used for releasing of antimicrobial drugs in dental drug delivery. Some other antimicrobial drugs-releasing some other polysaccharides-based systems for dental drug delivery are described in [Table 5](#page-14-0).

6. Limitations

Antimicrobial treatments, which require high oral doses to obtain efficient concentration in the gingival fluid, are a part of conventional therapy for dental disorders. The rise of resistant bacterial strains is the obvious drawback. As a result, the periodontal pocket now receives localized, target-oriented medicament administration [[158](#page-18-0)]. Dental medications can only distribute drugs conventionally, which has the drawback of having a brief duration of action because there isn't a longer contact period at the action site. The controlled medication delivery

Table 4

Antimicrobial drugs releasing alginate-based systems for dental drug delivery.

Alginate-based systems	Antimicrobial drugs	Important features	References
Injectable gelatin- alginate hydrogels	Metronidazole	• A dual network hydrogel was prepared using alginate and gelatin with carbodiimide (as a cross- linker). • The metronidazole-loaded hydrogels exhibited a sus- tained release pattern, wherever most of the loaded metronidazole eluted within 24 h. • In vitro fibroblast viability (when tested using human fibroblasts) of at least 75 % after 24 h and 48 h, indicating well biocompatibility.	[138]
Alginate films	Clindamycin	• Prepared by solvent casting technique using Sodium alginate, sodium carboxymethylcellulose, and glycerine. • Maximum clindamycin content was found 98.49 % and showed 98.16 % clindamycin release	[139]
Alginate gels	Metronidazole	• Prepared using 0.5 and 1 % Carbopol addition to sodium alginate base. • A sustained metronidazole release pattern. • High inhibition to Staphylococcus aureus.	[140]
Alginate-based in situ gels	Doxycycline HCl	• Prepared using sodium alginate and hydroxypropyl methylcellulose. • A sustained doxycycline release pattern for an extended period of >12 days.	$[141]$
PCL/alginic acid- based polymeric film	Metronidazole	• Prepared by solvent casting method. • An initial burst release of metronidazole and subsequently, a gradual release with first-order model kinetic. • Metronidazole (3 % wt)- containing formulation displayed good biocom- patibility using L929 cells.	[142]
Alginate-coated poly(D,L-lactic- co-glycolic acid) microspheres	Tetracycline	• Prepared by double emulsion solvent evaporation • Enhanced tetracycline encapsulation efficiency 17.9 ± 0.5 % and prolonged tetracycline release. • Higher swelling than uncoated microspheres.	$[143]$
Gelatin-alginate/ calcium deficient hydroxyapatite nanocomposite films	Tetracycline	• Prepared by solvent casting technique, where calcium deficient hydroxyapatite nanoparticles were incorporated into gelatin-sodium alginate films. • High tetracycline loading and sustained in vitro	[144]

Table 4 (*continued*)

systems can be used to achieve the prolonged interaction with the active agent at the site of action that is necessary for the majority of dental ailments [[159](#page-18-0)]. According to the extending contact at the action site, the innovative orodental medication targeting systems operate. Natural polysaccharides provide benefits in dentistry, but they have drawbacks in biological applications. For example, they have weak mechanical qualities. The therapeutic effectiveness of natural polysaccharides is constrained by their poor adhesiveness and transient *in vivo* durability [[160](#page-18-0)]. Polysaccharides can only be as good as their starting source. The extraction and purification process has an impact on how reliable the goods are [[161](#page-18-0)]. The sensitivity of natural polysaccharides to moisture is very great. They hydrolyze during processing and become unstable in the mouth [[162](#page-18-0)].

7. Conclusion

In addition to increasing treatment responsiveness and patient compliance, the designing and development of controlled releasing systems based on different polysaccharides has reduced the incidence of systemic side effects. Numerous investigations in the area of controlled drug release to the periodontal pocket have been conducted during the last ten years. The principal dental illnesses may be treated with controlled drug delivery; as novel delivery methods are suggested, the control of dental diseases has grown significantly. The many dental drug delivery systems including films, fibers, gels, nanoparticulate systems, micro-particle systems, and injectable systems, made of chitosan, alginate, dextran, cellulose and other polysaccharides have recently been spotlighted on the recent advancements in preventing, treating and managing dental diseases and covered in detail in the current review. The development of biocompatible systems for sustained release of antimicrobials, the reduction of dose frequency, and the consequent reduction in the likelihood of bacterial resistance have all been made possible by the switch from non-biodegradable polymers like polysaccharides to a range of biodegradable polymers. It must be prepared to aid in the systemic elimination of antimicrobials-related adverse effects.

CRediT authorship contribution statement

Mousumi Paul, Siddhartha Das Pramanik and Rudra Narayan Sahoo contributed significantly and equally in the preparation of the manuscript and the literature review. Yadu Nandan Dey and Amit Kumar Nayak contributed in the generation of concept, literature search and

Table 5

Antimicrobial drugs releasing other polysaccharides-based systems for dental drug delivery.

Table 5 (*continued*)

revision of the manuscript. All authors of this manuscript have read and approved the manuscript for submission.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Data availability

I don't have problem in sharing data as it is a review article.

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