PT105. HUMAN ANATOMY AND PHYSIOLOGY-I (Theory)

45 Hours

Scope: This subject is designed to impart fundamental knowledge on the structure and functions of the various systems of the human body. It also helps in understanding both homeostatic mechanisms. The subject provides the basic knowledge required to understand the various disciplines of pharmacy.

Objectives: Upon completion of this course the student should be able to

- 1. Explain the gross morphology, structure and functions of various organs of the human body.
- 2. Describe the various homeostatic mechanisms and their imbalances.
- 3. Identify the various tissues and organs of different systems of human body.
- 4. Perform the various experiments related to special senses and nervous system.
- 5. Appreciate coordinated working pattern of different organs of each system

Course Content:

Unit-I

10hours

Introduction to human body

Definition and scope of anatomy and physiology, levels of structural organization and body systems, basic life processes, homeostasis, basic anatomical terminology.

• Cellular level of organization

Structure and functions of cell, transport across cell membrane, cell division, cell junctions. General principles of cell communication, intracellular signaling pathway activation by extracellular signal molecule, Forms of intracellular signaling: a) Contact-dependent b) Paracrine c) Synaptic d) Endocrine

• Tissue level of organization

Classification of tissues, structure, location and functions of epithelial, muscular and nervous and connective tissues.

Unit II 10 hours

• Integumentary system
Structure and functions of skin

Skeletal system

Divisions of skeletal system, types of bone, salient features and functions of bones of axial and appendicular skeletal system

Organization of skeletal muscle, physiology of muscle contraction, neuromuscular junction

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Joints

Structural and functional classification, types of joints movements and its articulation

Unit III 10hours

· Body fluids and blood

 Body fluids, composition and functions of blood, hemopoeisis, formation of hemoglobin, anemia, mechanisms of coagulation, blood grouping, Rh factors, transfusion, its significance and disorders of blood, Reticuloendothelial system.

Lymphatic system

Lymphatic organs and tissues, lymphatic vessels, lymph circulation and functions of lymphatic system

Unit IV 08hours

Peripheral nervous system:

Classification of peripheral nervous system: Structure and functions of sympathetic and parasympathetic nervous system.

Origin and functions of spinal and cranial nerves.

Special senses

Structure and functions of eye, ear, nose and tongue and their disorders.

Unit-V 07hours

• Cardiovascular system

Heart – anatomy of heart, blood circulation, blood vessels, structure and functions of artery, vein and capillaries, elements of conduction system of heart and heart beat, its regulation by autonomic nervous system, cardiac output, cardiac cycle. Regulation of blood pressure, pulse, electrocardiogram and disorders of heart,

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PT195. HUMAN ANATOMY AND PHYSIOLOGY (Practical)

4 Hours/week

Practical physiology is complimentary to the theoretical discussions in physiology. Practicals allow the verification of physiological processes discussed in theory classes through experiments on living tissue, intact animals or normal human beings. This is helpful for developing an insight on the subject.

- 1. Study of compound microscope.
- 2. Microscopic study of epithelial and connective tissue
- 3. Microscopic study of muscular and nervous tissue
- 4. Identification of axial bones
- 5. Identification of appendicular bones
- 6. Introduction to hemocytometry.
- 7. Enumeration of white blood cell (WBC)count
- 8. Enumeration of total red blood corpuscles (RBC)count
- 9. Determination of bleeding time
- 10. Determination of clotting time
- 11. Estimation of hemoglobin content
- 12. Determination of blood group.
- 13. Determination of erythrocyte sedimentation rate (ESR).
- 14. Determination of heart rate and pulse rate.
- 15. Recording of blood pressure.

Recommended Books (Latest Editions)

- 1. Essentials of Medical Physiology by K. Sembulingam and P. Sembulingam. Jaypee brothers medical publishers, New Delhi.
- 2. Anatomy and Physiology in Health and Illness by Kathleen J.W. Wilson, Churchill Livingstone, NewYork
- 3. Physiological basis of Medical Practice-Best and Tailor. Williams & Wilkins Co, Riverview, MIUSA
- 4. Text book of Medical Physiology- Arthur C, Guyton and John. E. Hall. Miamisburg, OH, U.S.A.

5. Principles of Anatomy and Physiology by Tortora Grabowski. Palmetto, GA, U.S.A.

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- 6. Textbook of Human Histology by Inderbir Singh, Jaypee brother's medical publishers, NewDelhi.
- 7. Textbook of Practical Physiology by C.L. Ghai, Jaypee brother's medical publishers, NewDelhi.
- 8. Practical workbook of Human Physiology by K. Srinageswari and Rajeev Sharma, Jaypee brother's medical publishers, NewDelhi.

Reference Books (Latest Editions)

- 1. Physiological basis of Medical Practice-Best and Tailor. Williams & Wilkins Co, Riverview, MIUSA
- 2. Text book of Medical Physiology- Arthur C, Guyton and John. E. Hall. Miamisburg, OH, U.S.A.

3. Human Physiology (vol 1 and 2) byDr. C.C. Chatterrje ,Academic Publishers Kolkata

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Semester-II

PT 215 HUMAN ANATOMY AND PHYSIOLOGY-II (Theory)

45 Hours

Scope: This subject is designed to impart fundamental knowledge on the structure and functions of the various systems of the human body. It also helps in understanding both homeostatic mechanisms. The subject provides the basic knowledge required to understand the various disciplines of pharmacy.

Objectives: Upon completion of this course the student should be able to:

- 1. Explain the gross morphology, structure and functions of various organs of the human body
- 2. Describe the various homeostatic mechanisms and their imbalances.
- 3. Identify the various tissues and organs of different systems of human body.
- 4. Perform the hematological tests like blood cell counts, haemoglobin estimation, bleeding/clotting time etc and also record blood pressure, heart rate, pulse and respiratory volume.
- 5. Appreciate coordinated working pattern of different organs of each system
- 6. Appreciate the interlinked mechanisms in the maintenance of normal functioning (homeostasis) of human body.

Course Content:

Unit I

10 hours

Nervous system

Organization of nervous system, neuron, neuroglia, classification and properties of nerve fibre, electrophysiology, action potential, nerve impulse, receptors, synapse, neurotransmitters.

Central nervous system: Meninges, ventricles of brain and cerebrospinal fluid. structure and functions of brain (cerebrum, brain stem, cerebellum), spinal cord (gross structure, functions of afferent and efferent nerve tracts, reflex activity)

Unit II

06 hours

Digestive system

Anatomy of GI Tract with special reference to anatomy and functions of stomach, (Acid production in the stomach, regulation of acid production through parasympathetic nervous system, pepsin role in protein digestion) small intestine



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and large intestine, anatomy and functions of salivary glands, pancreas and liver, movements of GIT, digestion and absorption of nutrients and disorders of GIT.

Energetics

Formation and role of ATP, Creatinine Phosphate and BMR.

Unit III

Respiratory system

10 hours

Anatomy of respiratory system with special reference to anatomy of lungs, mechanism of respiration, regulation of respiration

Lung Volumes and capacities transport of respiratory gases, artificial respiration, and resuscitation methods.

Urinary system

Anatomy of urinary tract with special reference to anatomy of kidney and nephrons, functions of kidney and urinary tract, physiology of urine formation, micturition reflex and role of kidneys in acid base balance, role of RAS in kidney and disorders of kidney.

Unit IV

10 hours

• Endocrinesystem

Classification of hormones, mechanism of hormone action, structure and functions of pituitary gland, thyroid gland, parathyroid gland, adrenal

gland, pancreas, pineal gland, thymus and their disorders.

09 hours

Unit V

Reproductive system

Anatomy of male and female reproductive system, Functions of male and female reproductive system, sex hormones, physiology of menstruation, fertilization, spermatogenesis, oogenesis, pregnancy and parturition

Introduction to genetics

Chromosomes, genes and DNA, protein synthesis, genetic pattern of inheritance

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PT 298 HUMAN ANATOMY AND PHYSIOLOGY (Practical)

4 Hours/week

Practical physiology is complimentary to the theoretical discussions in physiology. Practicals allow the verification of physiological processes discussed in theory classes through experiments on living tissue, intact animals or normal human beings. This is helpful for developing an insight on the subject.

- 1. To study the integumentary and special senses using specimen, models, etc.,
- 2. To study the nervous system using specimen, models, etc.,
- 3. To study the endocrine system using specimen, models, etc
- 4. To demonstrate the general neurological examination
- 5. To demonstrate the function of olfactory nerve
- 6. To examine the different types of taste.
- 7. To demonstrate the visual acuity
- 8. To demonstrate the reflex activity
- 9. Recording of body temperature
 - 10. To demonstrate positive and negative feed back mechanism.
 - 11. Determination of tidal volume and vital capacity.
 - 12. Study of digestive, respiratory, cardiovascular systems, urinary and reproductive systems with the help of models, charts and specimens.
 - 13. Recording of basal mass index
 - 14. Study of family planning devices and pregnancy diagnosis test.
 - 15. Demonstration of total blood count by cell analyser
 - 16. Permanent slides of vital organs and gonads.

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- 4. Text book of Medical Physiology- Arthur C, Guyton and John. E. Hall. Miamisburg, OH, U.S.A.
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